A E Thomson Ltd

Independent Financial Advisers

Guide to

Building Your Dream Retirement

How to simplify the process and pave the way for a secure and enjoyable future

July 2025

A E Thomson Ltd
62b High Street, Sutton, Ely, Cambridgeshire, CB6 2RA
T: 01353 778738 F: 01353 777898 E: enquiries@aethomson.com

www.aethomson.com

A E Thomson Ltd is authorised and regulated by the Financial Conduct Authority

Building Your Dream Retirement

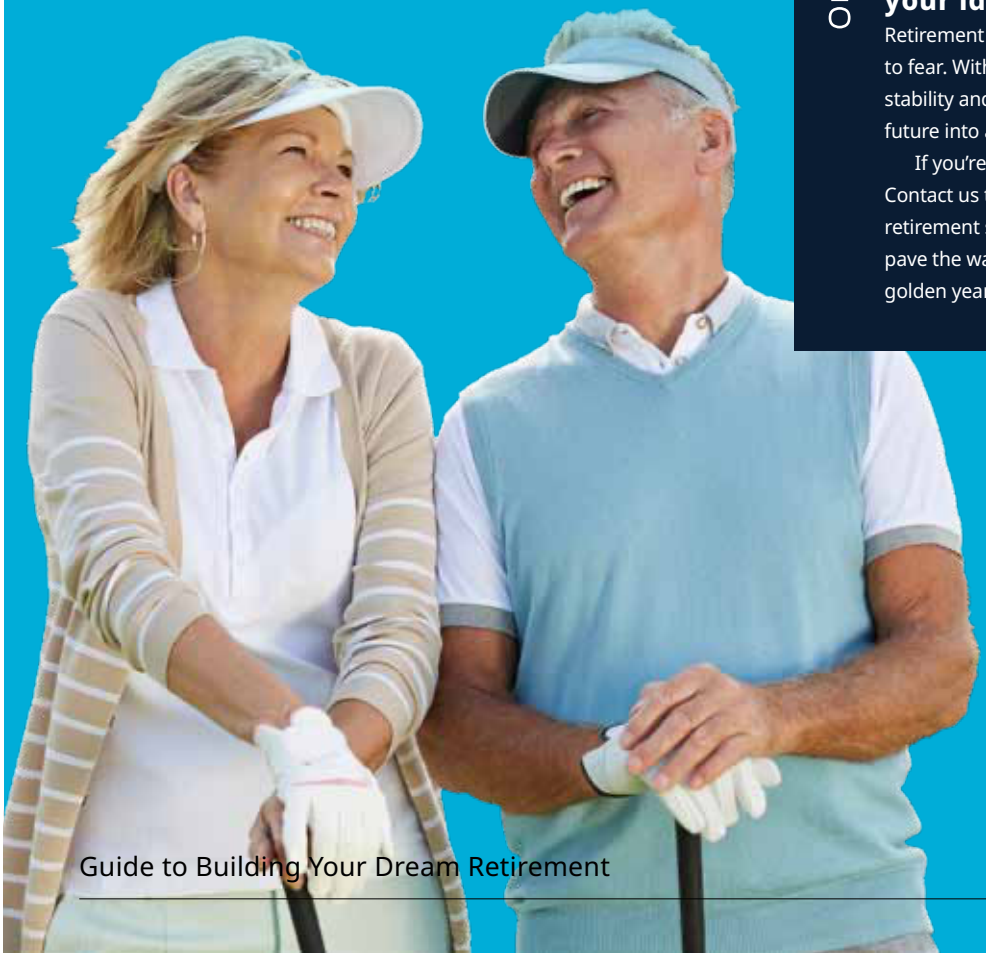
How to simplify the process and pave the way for a secure and enjoyable future

Preparing for retirement can seem complex and overwhelming, with questions such as how long your savings will last and what kind of lifestyle you can afford after retiring. These considerations can make it challenging to feel confident about your plans.

In recent decades, retirement planning has seen significant changes. The predictability of final salary pensions has become less common, and eligibility for the State Pension now starts later in life. These shifts have placed greater responsibility on individuals to take charge of their retirement savings.

Starting early is key. The sooner you begin planning, the greater your chances of building a secure financial foundation to sustain your desired lifestyle in retirement. However, this isn't always easy, especially when competing with other financial priorities like mortgages, family expenses or paying off debts.

Retirement planning doesn't have to be a solitary or overwhelming experience. With our professional guidance, we can help you make well-informed decisions about your financial future. Whether you're unsure how much to save, don't know which investment options suit you best or need clarity on navigating pensions and benefits, the right support can make all the difference. ■



Take the next step towards your ideal retirement

Retirement is a time to look forward to, not something to fear. With the right planning, you can secure financial stability and turn your vision of a comfortable, fulfilling future into a reality.

If you're ready to take the next step, we're here to help. Contact us today for expert advice on building a personalised retirement strategy. Together, we'll simplify the process and pave the way for a secure and enjoyable retirement. Your golden years are waiting – start planning for them now!

A PENSION IS A LONG-TERM INVESTMENT NOT NORMALLY ACCESSIBLE UNTIL AGE 55 (57 FROM APRIL 2028 UNLESS PLAN HAS A PROTECTED PENSION AGE).

THE VALUE OF YOUR INVESTMENTS (AND ANY INCOME FROM THEM) CAN GO DOWN AS WELL AS UP, WHICH WOULD HAVE AN IMPACT ON THE LEVEL OF PENSION BENEFITS AVAILABLE.

YOUR PENSION INCOME COULD ALSO BE AFFECTED BY THE INTEREST RATES AT THE TIME YOU TAKE YOUR BENEFITS.

INFORMATION IS BASED ON OUR CURRENT UNDERSTANDING OF TAXATION LEGISLATION AND REGULATIONS. ANY LEVELS AND BASES OF, AND RELIEFS FROM, TAXATION ARE SUBJECT TO CHANGE.

THE FINANCIAL CONDUCT AUTHORITY DOES NOT REGULATE TAX ADVICE.

Contents

04
Are you ready for retirement?
Aligning your target retirement age with your financial reality

06
Millions of UK adults approach retirement relying on intuition
Making the right informed choices that align with your long-term goals

08
Six in ten Millennials are struggling to save for retirement
What are the factors that contribute to this savings shortfall?

09
Financial security remains a concern for retirees in the UK
Only 48% of mid-retirees are confident their private pension will last a lifetime

10
Your future State Pension
What you need to know about the April 2025 changes

12
Adjusting your pension plans ahead of the NMPA Change
The government's focus on encouraging sustained savings for retirement

14
A roadmap to your retirement goals
How to provide clarity and control over your future

16
Inflation and your retirement income
Practical steps to safeguard retirees from rising costs

18
Achieving early retirement and living life to the fullest
How to plan ahead and turn your dreams into reality

20
Financial commitments and pension planning
Mastering financial commitments and pension planning

22
Understanding Auto-Enrolment
Why it's key to retirement planning

24
Unlock financial freedom with a Self-Invested Personal Pension
Flexibility to create a diversified portfolio that matches your risk tolerance

26
Hidden costs of pausing your pension contributions
Why taking a break could impact your retirement goals

28
Simplify your pension savings with consolidation
Unlock financial clarity and boost your retirement fund

30
Exploring your pension choices
Smart decisions for a secure and flexible retirement

32
Reducing risk in pension savings
Protect your retirement fund while maintaining growth potential

34
Start planning now to secure your financial future
How much do you need to retire comfortably in 2025?

35
Thinking of retiring overseas?
Understanding the impact of a frozen State Pension on your retirement income

36
Who will inherit your pension?
Understanding the importance of nominating a beneficiary

38
Seven steps to take for a successful retirement
Your path to financial security and peace of mind

40
In summary
Your path to a secure and comfortable retirement

Are you ready for retirement?

Aligning your target retirement age with your financial reality

Retirement is a milestone in life that symbolises freedom from the daily grind, allowing one to focus on the things one truly enjoys. Whether one imagines spending endless afternoons with family, travelling to new destinations or exploring hobbies, these dreams rest on a solid financial foundation built over decades of work and planning.

However, retirement is not solely about financial figures; it requires aligning practical financial goals with your desired lifestyle and target retirement age. By carefully assessing your readiness and addressing any gaps, you can enhance your confidence in retirement planning. So, what are the key aspects of preparing for retirement that can help ensure you have a comfortable future?

Define your retirement vision

Retirement varies for everyone, so the first step is to clearly visualise what it means to you. There is no universal template for how this phase of life should unfold. Your unique preferences and circumstances will determine how you prioritise your time and resources.

Would you prefer tranquil days in a rural setting, or are you attracted to the prospect of relocating overseas to enjoy warmer climates? Perhaps your vision involves dedicating your time to a passion project, acquiring new skills or giving back through volunteer work. A growing trend is phased retirement, whereby you gradually reduce your workload, transitioning from full-time to part-time work or even consultancy roles.

A clear vision of your retirement lifestyle enables you to estimate the financial resources required to make those dreams a reality. Without this clarity, it is difficult to ascertain what you need and plan accordingly, so take time to outline it.

Plot out your retirement expenses

Once you have a strong understanding of what retirement looks like for you, the next step is to assess the costs required to achieve it. Categorise your expenses into two main groups – essentials and non-essentials. This enables a more structured review of your budget.

Essentials include the predictable, recurring expenses that must be accounted for throughout life, such as rent or mortgage payments, food costs, utility bills, transportation, insurance and healthcare services. Non-essentials, on the other hand, centre around elements that bring joy and fulfilment to retirement life, such as holidays, leisure activities, dining out and unsupported hobbies.

It is worth noting that spending patterns typically change over the course of retirement. The early years of retirement are often more active, characterised by higher expenditure on travel and activities. Conversely, in later years, spending on healthcare and personal care may increase.

Obtaining professional financial advice early on will assist you in identifying and quantifying these expenses. This will also enable you to account for cost fluctuations due to inflation, allowing you to anticipate challenges that may arise in the future.

Understand your pension and savings

Your retirement expenses provide a financial goalpost, but reaching this goal depends on the savings and income streams you've built. That's where evaluating your pension and savings becomes essential.

A pension typically forms the backbone of retirement income. To determine whether your savings are sufficient, you will need to calculate the size of the pension pot required to meet your projected expenses. Factors such as your life expectancy, the rate of investment growth and the effects of inflation all play significant roles in this equation.

Ask yourself questions like:

- Should I take my pension at the State Pension age, or delay to benefit from higher payments later?
- What are the tax implications of accessing my pension, particularly if I withdraw a lump sum?
- How much risk can my investments sustain as I approach or enter retirement?

Working with your professional adviser will enhance the decision-making process. They can simulate different scenarios, predict long-term outcomes and propose strategies customised to your goals.

Assess and close savings gaps

Not everyone's savings align seamlessly with their retirement goals. If you discover a gap, don't worry, there are multiple ways to address it, no matter how far along you are in your retirement planning.

Start by identifying ways to increase your pension contributions. If you're still working, take full advantage of any matched contributions from your employer and consider any tax relief available on your pension savings. A financial adviser can guide you in setting up an efficient contribution plan.

Alternatively, extending your working years can make a substantial impact. Even a few extra years of employment can allow your investments more time to grow, while reducing the years you'll need to draw from savings. Transitioning to part-time work is a good balance for many, enabling continued income without the demands of full-time hours.

Don't forget alternative savings options, such as Individual Savings Accounts (ISAs), which can provide a flexible and tax-efficient way to build a supplementary retirement fund. Combining your pensions with these savings and the State Pension offers a broader financial safety net.

Factor in the State Pension

Though rarely sufficient on its own, the State Pension provides an essential baseline for many retirees. Take time to familiarise yourself with your State Pension entitlement, which depends on your National Insurance contributions.

The full State Pension offers a guaranteed income for life, adjusted annually in line with inflation, but benefits vary depending on your individual contribution history. If you have gaps in your record, you may be able to make voluntary contributions to increase your entitlement.

Understanding how your State Pension interacts with private savings can unlock opportunities for better financial planning.

Ensure you stay on track

Once your retirement plan is in motion, it's important to review it regularly. Financial circumstances, personal priorities and market conditions can all change, making it necessary to re-evaluate along the way.

For example, you may want to seek periodic advice on adjusting your investments or responding to new tax legislation that could impact your finances. Staying adaptable ensures your retirement strategy remains relevant and effective no matter what life throws your way. ■

TAX TREATMENT VARIES ACCORDING TO INDIVIDUAL CIRCUMSTANCES AND IS SUBJECT TO CHANGE. TAX PLANNING IS NOT REGULATED BY THE FINANCIAL CONDUCT AUTHORITY.

Start by identifying ways to increase your pension contributions. If you're still working, take full advantage of any matched contributions from your employer and consider any tax relief available on your pension savings.

Millions of UK adults approach retirement relying on intuition

Making the right informed choices
that align with your long-term goals

According to recent report findings, millions of UK adults are approaching retirement guided more by intuition than careful planning[1]. The research reveals that one in six people (16%) rely on gut instinct to determine how much they will need for a financially secure retirement. Alarmingly, nearly two in five (39%) have not calculated their retirement needs at all.

Among these, 43% of Generation X and 34% of Baby Boomers admit they have yet to do the maths. Many are either approaching or have already reached State Pension age. This lack of preparation poses real risks. Nearly half (47%) worry their savings will not last throughout their retirement, including 31% of Baby Boomers. It presents a sobering snapshot of Britain's retirement readiness.

Sheer complexity of retirement planning

One key reason people resort to guesswork is the sheer complexity of retirement planning. There are countless factors to consider, including inflation, the age at which you expect to retire, lifestyle aspirations and additional sources of income. Making sense of it all without the appropriate tools or guidance can feel overwhelming.

Another challenge is connecting with your future self. For many, retirement feels distant, competing with the immediate demands of daily life. This can make it tempting to postpone planning, hoping it will all come together later. However, delaying can result in missed opportunities to build financial security.

Vital for making the right decisions

Navigating your retirement options presents another challenge. Deciding whether to opt for flexible income, lump sums or a guaranteed lifelong income (annuity) can be perplexing. Each option comes with its own potential benefits and risks. For instance, drawdown offers flexibility but relies on investment performance, whereas annuities provide stability but afford little room for change.

Fully understanding these options is vital for making the right decisions. Many pension plans allow you to combine approaches to meet your needs, but not all providers offer every option. Reviewing your pension plan's features and seeking our financial advice can help you remain on track.

Estimating how much money you'll need

A significant aspect of planning involves estimating how much money you'll need to maintain your lifestyle in retirement. This depends on personal goals and aspirations, ranging from travel and hobbies to home improvements or supporting family members. Each of these elements accumulates, making it essential to calculate their costs.

To stay informed, regularly review the value of your pension plans and consider future projections using tools such as pension calculators. In addition to pensions, income from other sources, like rental properties, part-time work or investments, can provide extra security. Customising your forecasts to your unique circumstances is essential.

Taking into account the tax implications

Fortunately, help is available to make planning less daunting. Even simple steps, such as determining your desired retirement age, can be powerful. Knowing when you intend to stop working enables you to calculate how much longer you have to contribute to your savings. If you're part of a workplace pension, ensure that your retirement age is correctly aligned, as your employer's default may differ.

Similarly, examine how you will access your funds. Take into account the tax implications, timing and the potential for transferring plans to allow for greater flexibility if your current provider is lacking.

Start planning for the future you deserve

The message is clear: guesswork creates excessive uncertainty. Directly addressing retirement planning can mean the difference between a financially secure retirement and depleting resources when they are needed most. With the right guidance and a proactive mindset, you can make informed choices that align with your long-term goals.

If you are uncertain about where to start or would like assistance in understanding your pension options, our expert help is just a call away. It's never too early – or too late – to begin planning for the future you deserve. ■

> A significant aspect of planning involves estimating how much money you'll need to maintain your lifestyle in retirement. This depends on personal goals and aspirations, ranging from travel and hobbies to home improvements or supporting family members.

Source data:
[1] Ipsos Mori conducted research among 6,000 UK adults. Fieldwork was conducted between July and August 2024. Data was weighted post-fieldwork to ensure the data remained nationally representative on key demographics.

Six in ten Millennials are struggling to save for retirement

What are the factors that contribute to this savings shortfall?

Research indicates that the current life stage of Millennials (those in their late 20s to early 40s) is significantly impacting their future retirement plans, as short-term financial priorities take precedence[1]. The study, which surveyed 4,000 UK adults, reveals that six in ten (59%) Millennials are struggling to save for retirement. In addition, 48% of Generation Z (ages 18-26) and 39% of Generation X (ages 41-56) face similar challenges.

A variety of factors contribute to this savings shortfall among Millennials. A quarter (25%) of them cite fluctuating incomes as the primary barrier to saving, while almost the same proportion (24%) highlight childcare responsibilities.

Millennials, particularly women, are disproportionately affected by these life events, which often include parental leave, career changes or a complete break from work. When combined with soaring housing and childcare costs, these responsibilities make saving for the distant future feel nearly impossible for many.

The widening gender savings gap

The research highlights how gender intersects with financial challenges at this life stage. Women in the Millennial age group are more likely to face interruptions in career progression due to childcare or eldercare responsibilities. This not only reduces their immediate earning potential but also significantly impacts their retirement savings over time.

Data from the research highlights a stark disparity between men and women in terms of saving for retirement. From ages 25-34, the amount saved into pensions by each gender begins to diverge, and by the time individuals reach ages 45-54, men are contributing 50% more per month to their pensions than women (£245 vs £165). If left unaddressed, this gap leaves many women significantly less financially prepared for retirement compared to their male counterparts.

Short-term goals take priority

Despite the stereotype of Millennials as frivolous spenders, with their brunch habits unfairly scrutinised, the reality is far from the 'avocado on toast' cliché. Only one in five (20%) Millennials report that paying into a pension is a financial priority. Instead, immediate concerns such as housing costs, student loan repayments and childcare take precedence.

The research further reveals the strain that short-term financial pressures place on retirement savings. Over the past year, 7% of Millennials have decreased their pension contributions, and another 7% have stopped contributing entirely. While automatic enrolment in workplace pensions has helped some maintain their contributions, the risk remains that individuals may not readjust their pension savings once short-term challenges ease. Left unaddressed, this could lead to a retirement savings gap that is too large to bridge.

The critical role of employers

Employers have a crucial role in shaping the retirement readiness of their Millennial employees. For instance, continuing employer pension contributions during parental leave or work breaks can ease some of the financial challenges caused by these life events. Additionally, companies could offer tailored financial wellbeing programmes that help employees align short-term spending with long-term savings goals.

Educational initiatives are an important tool for employers. By increasing financial literacy and awareness, they can help Millennials feel more empowered to plan for their future. Providing transparent and accessible guidance on how to adjust pension contributions following major life changes could make a substantial difference.

Failing to act could mean a retirement shortfall

It's estimated that as many as 17 million people in the UK are not saving enough to achieve the retirement they expect. For Millennials, this serves as a wake-up call. The earlier steps are taken to address gaps in savings, the more manageable and effective those adjustments can be.

It's crucial to recognise that retirement planning doesn't have to be overwhelming. Dividing it into small, manageable steps, such as gradually increasing contributions, seeking professional guidance or utilising workplace benefits, can reduce much of the stress involved in saving.

Is it time to assess your current financial situation?

If you're feeling stuck in your saving efforts, know that you're not alone and help is available. We can assess your current financial situation and recommend tailored solutions to meet your retirement goals. Whether you're facing short-term pressures or planning for the long haul, it's never too late to start making a positive impact. Begin taking control of your financial future now. ■

Source data:

[1] Research conducted by Opinium for Phoenix Group in September 2024 among 4,000 UK adults.

Financial security remains a concern for retirees in the UK

Only 48% of mid-retirees are confident their private pension will last a lifetime

A new report has revealed troubling insights into the financial confidence of retirees in the UK. Alarmingly, just under half (48%) of mid-retirees feel assured that their private pensions will sustain them throughout their lives. Despite decades of planning and saving, this leaves the remaining half grappling with uncertainty. The report paints a disheartening picture of financial security in retirement.

One of the most striking aspects is the disparity in financial confidence between genders. While 32% of men reported feeling secure about their finances, only 19% of women felt the same. This underscores an urgent need to address the gender gap in retirement planning, as women are disproportionately affected when it comes to financial security in later life.

Growing need for income stability

The research highlights how financial priorities evolve as retirees age. An overwhelming 83% indicated that the need for an income for life from private pensions becomes increasingly important over time. Unsurprisingly, the same percentage expressed concern regarding the potential decrease in their income. Here, too, women displayed greater anxiety (87%) compared to men (79%).

These findings indicate a growing demand for solutions that ensure income stability. Nearly two-thirds (64%) of respondents believe private pensions should serve as sources of income for life, rather than merely functioning as flexible savings pots. However, despite their importance, these essential pensions are often managed without ongoing professional guidance.

Call for regular financial reviews

While retirement planning traditionally focuses on the lead-up to retirement, the findings underscore a pressing need for ongoing financial reviews during retirement itself. Just as regular health check-ups safeguard your wellbeing, frequent financial MOTs could play a vital role in keeping your retirement plans on track.

One suggestion made by experts is the concept of a mid-retirement MOT. This would act as a thorough financial and lifestyle review, providing guidance on estate planning, fraud protection, access to state benefits and strategies to manage finances if cognitive decline becomes a concern. By re-evaluating your financial situation every few years, you can better prepare for the unpredictable years ahead.

Innovative solutions for long-term needs

For many retirees, the challenge lies in balancing flexibility and security in managing their pension savings. The report recommends adopting 'flex first, fix later' strategies. This involves utilising pension drawdowns during the early stages of retirement, combined with annuities in later life to guarantee income stability. Such blended approaches could offer retirees the financial adaptability they require early on while safeguarding against unexpected shortfalls later.

The findings also illuminate a systemic issue. Despite the increasing complexities of managing retirement incomes under pension freedoms, 65% of respondents believe there is insufficient support for retirees navigating these challenges. This underscores an urgent need for improved advice and accessible resources tailored to every stage of retirement.

Don't sleepwalk through retirement

The report illustrates how many retirees are sleepwalking through critical financial decisions in later life. They belong to the first generation facing pension freedoms, and the complexity of these choices requires increased support and education. Without adequate planning, the risk of financial instability during the latter years of retirement poses a significant danger. Taking action now can avert considerable hardships in the future. ■

Take control of your retirement plan

Ensuring that your private pension meets your needs throughout your life requires preparation, informed decision-making and regular reviews. Whether you are currently managing your pension or need assistance in optimising your income strategy, the right professional financial advice can make all the difference. Together, we can evaluate your retirement plan and help you create a solution tailored to your needs. Your future deserves the utmost care.

Source data:

[1] Ignition House is a research consultancy specialising in market research and consulting. The report is based on an online survey Ignition House conducted with a nationally representative sample of 1,000 UK people aged 65-75 years old who hold a non-advised private pension, excluding people in receipt of State Pension only and those with more than £20,000 defined benefit pension household income. Research was conducted from October to November 2024.

Your future State Pension

What you need to know about the April 2025 changes

The UK State Pension is a crucial part of your financial stability in retirement. It provides a regular income when you stop working, but it's only one piece of the broader retirement planning puzzle.

Significant changes to the State Pension came into effect in April 2025. These include an increase in payments, which could affect your future finances. Understanding these updates is vital for ensuring you're prepared to enjoy the retirement for which you've worked hard.

Knowing when and how much you can claim is the foundation of smart retirement planning. From payment increases to understanding how your National Insurance (NI) record affects what you'll receive, we'll walk you through the critical details to help you plan for a secure and comfortable future.

How much has the State Pension increased?

As a result of the government's triple lock guarantee, the State Pension has kept pace with rising living costs. This system ensures the State Pension increases annually by whichever is highest of inflation, average earnings growth or 2.5%. For the 2025/26 tax year, State Pension payments have risen by 4.1%, reflecting May to July 2024's average wage growth.

If you qualify for the full new State Pension introduced in April 2016, your weekly payment has increased to £230.25, up from £221.20. This equals nearly £12,000 per year. Meanwhile, if you're on the basic State Pension (for those who reached pension age before April 2016), your weekly payment now stands at £176.45, compared to £169.50 previously.

While these increases provide some additional support, they might not match the rising cost of living and may be insufficient on their own to cover all your retirement aspirations.

Who is eligible for the State Pension?

Your State Pension entitlement depends largely on your National Insurance contributions. To qualify for the full new State Pension amount (£230.25 per week), you need 35 years of NI contributions or credits. If you have fewer than 35 but at least ten qualifying years, you'll still receive a proportion of the full payment.

Circumstances like time spent out of work or earning below the NI threshold can leave gaps in your contribution record, reducing how much pension you qualify for. Fortunately, certain credits can help. For example, if you've taken time off work for childcare or caring responsibilities, you might qualify for NI credits that

> Current rules allow you to access these pensions from age 55, increasing to 57 from April 2028. This flexibility can support those planning to retire early.

count towards your pension. Similarly, claiming benefits such as Jobseeker's Allowance or Universal Credit can help safeguard your pension entitlement.

If you identify shortfalls in your NI record, you might be able to address these by paying voluntary contributions. You can plug gaps in the previous six tax years, but the annual deadline for doing so is 5 April. Paying these voluntary contributions can potentially boost your future weekly payments and add thousands of pounds to your total retirement income over time.

When can you start receiving your State Pension?

Your State Pension age is the earliest age you can claim the benefit. It's determined by your date of birth and is undergoing gradual changes. By October 2020, the State Pension age had risen to 66 for both men and women. Between 2026 and 2028, it is set to increase further to 67. Beyond this, further changes are being considered as part of regular government reviews based on factors like life expectancy and financial sustainability.

While your State Pension begins at your designated State Pension age, it's worth noting that other retirement income sources, such as workplace or personal pensions, often offer greater flexibility. Current rules allow you to access these pensions from age 55, increasing to 57 from April 2028 (subject to any protection you may have in place). This flexibility can support those planning to retire early, but will also require careful financial management to bridge the gap before your State Pension commences.

How much do you really need for retirement?

Even with this year's increase, the full new State Pension amounts to just £11,973 annually. While it serves as a reliable foundation, this figure may fall short of the amount you'll need for a comfortable retirement. For instance, retirees who wish to travel, enjoy new hobbies or maintain a higher standard of living may find the State Pension alone limiting.

Modern financial advice often encourages looking beyond just the State Pension to build a comprehensive retirement income. Workplace and private pensions can augment your State Pension and provide greater flexibility and security. These additional income streams often grow over time thanks to employer contributions, government tax relief and investment returns.

It's also important to factor in taxation. The State Pension is classed as taxable income, so it could affect your overall tax liability if you have other sources of income. Building a diverse portfolio of savings throughout your working life can minimise the risk of falling short financially during retirement.

Strategies to maximise your retirement income

To make the most of your retirement, consider reviewing your overall financial plan. One of the first steps could be obtaining a State Pension forecast. This free service from the government lets you check how much you're likely to receive and identify any gaps in your NI record.

Additionally, explore options like deferring your State Pension. For each year you delay claiming it, your payment increases by around 5.8%, which may be valuable for those who can afford to wait.

Regularly reviewing your savings, investments and any pension contributions is also essential. Contributions to workplace or personal pensions can be adjusted if your income changes, and employer contributions can provide an additional boost. Employing financial planning strategies now can make all the difference later.

Finally, look into making the most of pension allowances and tax reliefs. The government incentivises saving for retirement through tax-deductible pension contributions for most working individuals. Taking advantage of these can go a long way in securing your financial future.

Take control of your retirement planning today

Understanding the changes to your State Pension is the first step towards securing a stable and enjoyable retirement. Whether you require guidance on increasing your pension contributions, addressing gaps in your NI record or exploring other avenues for financial security, seeking professional financial advice is essential. ■

TAX TREATMENT VARIES ACCORDING TO INDIVIDUAL CIRCUMSTANCES AND IS SUBJECT TO CHANGE. TAX PLANNING IS NOT REGULATED BY THE FINANCIAL CONDUCT AUTHORITY.

Adjusting your pension plans ahead of the NMPA Change

The government's focus on encouraging sustained savings for retirement

Retirement planning is an ongoing process that requires adapting to changes in rules and regulations. One such shift is set to occur from 6 April 2028, when the normal minimum pension age (NMPA), which is the earliest age you can access your pension savings without penalties, will increase from 55 to 57 (subject to any protection you may have in place). This adjustment reflects longer life expectancies and the government's focus on encouraging sustained savings for retirement.

This upcoming change may still seem distant, but now is the time to assess how it could affect your financial plans. Whether you're just starting your retirement planning or are approaching the age when you wish to access your funds, it's crucial to comprehend what this entails and how you can adapt your plans to remain on course.

Who will be affected by the NMPA change?

The increase to NMPA will directly affect anyone born after 5 April 1973. These individuals will need to wait until age 57 to access their pension savings, except in specific cases such as serious ill health or where a protected pension age applies.

For those born between 6 April 1971 and 5 April 1973, there is a unique window of opportunity. If your 55th birthday falls before 6 April 2028, you will still be able to access your pension within this transitional period. HM Revenue & Customs hasn't confirmed how the rules will apply to people with flexi-access drawdown (FAD) in this period. However, this window closes with the implementation of the new rules, making it critical for those in this group to evaluate how and when they plan to use their pension savings.

If you were born on or before 5 April 1971, there's no need for concern. You'll already have turned 57 before the rule change takes effect, meaning your retirement plans won't be influenced by this adjustment.

Impact on your retirement planning timeline

If your plans involve drawing from your pension pot at 55, the NMPA change means you'll need to reassess your strategy. The additional two years without access to these funds could mean focusing more on saving through other means, such as ISAs or taxable accounts, to cover the gap in your finances.

Alternatively, if you weren't planning to access your pension savings before 57, this change shouldn't disrupt your current strategy. That said, a regular review of your retirement plans is always a good practice to ensure they align with your goals and the latest regulations.

Navigating the 55 to 57 opportunity

For those able to access their pension savings before the NMPA increase, careful consideration is needed. Drawing on your pension early can provide immediate

financial freedom for big expenses, such as holidays, home renovations or helping children onto the property ladder. However, early withdrawals also mean less time for your funds to grow, which could reduce your long-term retirement income.

Furthermore, taking taxable income from your pension can activate the money purchase annual allowance (MPAA), which limits your future pension contributions to just £10,000 per year. This restriction could impact your ability to continue building your pension pot effectively, so it's worth seeking professional advice before making any early withdrawals.

The importance of reviewing your retirement date

Your retirement date plays a critical role in your pension plan, especially if your investments follow a lifestyle investment strategy. This approach gradually transitions your savings into lower-risk assets as you approach your planned retirement age, reducing exposure to market volatility.

However, if your retirement date is set for an age at which you can no longer access your pension (such as 55 after 2028), there's a potential mismatch that could jeopardise your savings.

Low-risk investments may limit potential growth if they are transitioned prematurely. Conversely, keeping funds in high-risk investments could expose your pension pot to unnecessary risks if you plan to retire earlier than anticipated.

These scenarios highlight the importance of setting a realistic retirement date and revisiting it as your circumstances evolve.

Practical steps to prepare for 2028

Proactively adjusting to the NMPA increase starts with a review of your financial plan. Check your current retirement age and assess how the new rules will impact your access to pension savings. Next, consider alternative savings strategies if you anticipate needing funds before age 57. ISAs, for example, are a flexible and tax-efficient option worth exploring.

Ensure you understand the terms for qualifying for a protected pension age under certain schemes. Making unintended changes to these pensions could result in losing valuable rights to access your savings early. You might also consider deferring your retirement ambitions or contributing more to accessible financial products.

For those with pensions already in place, reviewing your investment strategy to optimise performance and minimise risks remains a key focus. Obtaining professional financial advice will clarify how these adjustments fit your unique circumstances.

Take charge of your retirement goals

The increase in the normal minimum pension age doesn't have to disrupt your retirement plans, but taking steps to prepare now ensures you're well positioned to adapt. By evaluating your timeline, reviewing your savings strategy and aligning your investments with your actual retirement goals, you can minimise the impact of these changes on your future financial security. ■

THE VALUE OF PENSIONS AND THE INCOME THEY PRODUCE CAN FALL AS WELL AS RISE. YOU MAY GET BACK LESS THAN YOU INVESTED.

A roadmap to your retirement goals

How to provide clarity and control over your future

Retirement is one of life's most rewarding milestones, a period to celebrate years of hard work and dedication. It offers the chance to pursue your dreams, whether that's a round-the-world trip, starting a new hobby or simply making more time for family and relaxation.

However, achieving the retirement you envision requires careful planning, especially regarding your finances. As the cost of living continues to rise and pensions offer a diverse range of options, retirement planning can appear daunting.

But setting your plans in motion today can provide clarity and control over your future. Taking the right steps now will ensure a smooth and financially secure transition into retirement.

Building a clear picture of your retirement finances

To effectively plan for retirement, it's crucial to evaluate your financial resources and future needs. Your retirement income will likely come from a combination of sources and understanding how these fit together is the first step to creating a robust plan.

Most people rely heavily on their pensions, whether they're workplace pensions, private schemes or the State Pension. Beyond this, consider additional income streams such as savings accounts, ISAs or investments. For property owners aged 55 and over, rental income from a buy-to-let or equity release through downsizing may also contribute significantly to retirement funds.

EQUITY RELEASE WILL REDUCE THE VALUE OF YOUR ESTATE AND CAN AFFECT YOUR ELIGIBILITY FOR MEANS-TESTED BENEFITS.

Keep in mind, retirement could span 30 to 40 years, so it's important to ensure your funds will last. Inflation, which erodes purchasing power over time, is a key factor to consider. Taking these variables into account now can help you set realistic goals for the future.

Could an early retirement be realistic?

While retiring before the standard age of 66 may feel like a distant dream, it can often be more achievable than you think. By analysing your income sources and expenses in detail, you might find opportunities to retire sooner or phase into it gradually by reducing work commitments.

For instance, if your pension savings, combined with other assets, provide enough to cover your expenses earlier than anticipated, you could consider an early retirement. Alternatively, you might choose to transition into part-time work before fully retiring, giving you greater flexibility without financial strain.

If retirement is still several years away, setting short-term goals can help you bridge the gap. For example, boosting pension contributions or redirecting surplus income into savings now can significantly increase your options later.

Combating inflation during retirement

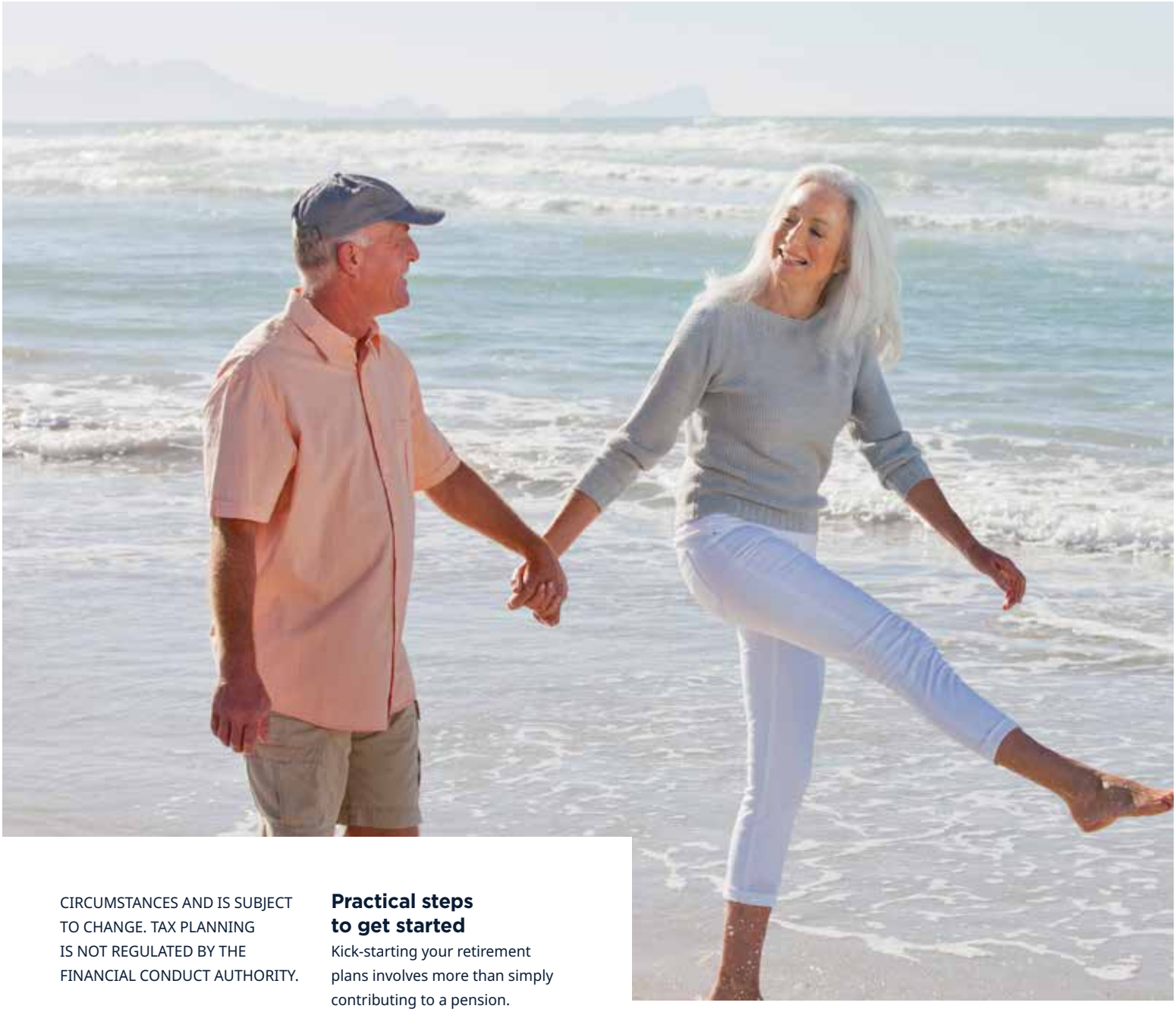
Inflation poses a significant challenge, particularly over long periods. Essential costs such as food, utilities and healthcare often rise faster than income, making it essential for your savings to keep pace over time.

One way to protect against inflation is by investing some of your retirement savings in growth-focused funds. Investments can offer the potential for higher returns, helping your money work harder and preserving its purchasing power.

While investments naturally carry risk, the right strategy can strike a balance between growth and stability, aligning with your long-term goals.

THE VALUE OF PENSIONS AND THE INCOME THEY PRODUCE CAN FALL AS WELL AS RISE. YOU MAY GET BACK LESS THAN YOU INVESTED. TAX TREATMENT VARIES ACCORDING TO INDIVIDUAL

Keep in mind, retirement could span 30 to 40 years, so it's important to ensure your funds will last.



CIRCUMSTANCES AND IS SUBJECT TO CHANGE. TAX PLANNING IS NOT REGULATED BY THE FINANCIAL CONDUCT AUTHORITY.

Avoiding common tax pitfalls in retirement

For many, taxation becomes a pivotal issue during retirement planning. Without proper guidance, withdrawing too much from your pension savings at once could push you into a higher tax bracket, leaving you with less than you were anticipating.

Consider the tax benefits of ISAs, which offer a tax-free source of income during retirement. Structuring your withdrawals to combine taxable and tax-free options can minimise your overall burden. Staying up to date on changes to tax laws is also essential, as these can vary depending on where you live within the UK.

Practical steps to get started

Kick-starting your retirement plans involves more than simply contributing to a pension.

Here are a few practical steps to set the wheels in motion today:

1. Review your financial situation: Calculate your income sources, including pensions, savings, investments and any other revenue streams, such as rental income.

2. Set a realistic retirement date: Evaluate what age aligns with your financial goals and resources. Adjust your plans if unexpected factors arise.

3. Maximise benefits: Check if you're entitled to additional allowances or government benefits, such as the full State Pension. Every additional resource contributes to your overall plan.

4. Monitor your spending: Review your budget and identify opportunities to reduce unnecessary expenses, freeing up more money to save or invest.

5. Seek professional advice: Financial planning can be complex, especially when faced with fluctuating markets, inflation and future uncertainties. Professional advice will help align your plans with your goals while ensuring your strategies remain tax-efficient.

Secure your financial future with expert support

Retirement marks the beginning of an exciting new chapter but achieving the lifestyle you deserve hinges on effective preparation. Whether you're at the start of your planning or need to refine an existing strategy, taking control of your financial future today is the key to long-term security.

We're here to simplify the process and guide you every step of the way. From calculating your retirement income to selecting smart investment options, our advice is tailored to your individual needs. Don't delay; take the first step towards your ideal future now! ■

Inflation and your retirement income

Practical steps to safeguard retirees from rising costs

When it comes to retirement, inflation is one of the most significant challenges you may face. Rising prices erode the purchasing power of your pension savings, affecting your ability to maintain a comfortable lifestyle. With inflation surging in recent years, it's natural to feel concerned about the long-term resilience of your retirement income.

Even as inflation rates stabilise or fall, proactively defending your savings from its effects remains critical. With thoughtful planning and tailored strategies, you can ensure your money lasts as long as you need it, securing your financial future while preserving your quality of life.

How inflation impacts retirement savings

Inflation reduces the value of money over time. This means that as prices rise, your savings have to stretch further to maintain the same standard of living. For retirees, this poses two major challenges.

First, the rising cost of essentials like food, energy and healthcare can require you to withdraw more from your pension than planned, depleting your savings faster. Secondly, sustained inflation could mean your retirement pot doesn't last as long as you need, potentially forcing you to adjust your lifestyle to compensate.

For example, if your investments generate returns below the prevailing inflation rate, the real-world value of your savings diminishes. Consider a scenario where inflation is at 3.4%, but your investments grow by 2.5%. While your savings are increasing nominally, you're effectively losing purchasing power each year.

Why retirees need an inflation-resilient plan

For retirees with decades of life ahead, accounting for inflation is a must. Even low inflation can eat away at your purchasing power over time. Historic double-digit inflation rates have highlighted how quickly these effects can escalate.

A well-constructed retirement plan must factor in not just the savings you start with, but how those savings will hold up over a potential 30 to 40 year retirement. Professional advice, coupled with a regular review of your finances, can keep you ahead of the curve and ensure your plan remains robust in the face of rising costs.

Is holding cash enough in an inflationary environment?

Keeping a cash buffer for emergencies or short-term expenses is a sound financial strategy, but in a high-inflation environment, holding too much cash can be counterproductive. Cash stored in low-interest savings accounts may not keep up with inflation, effectively reducing its real value as prices increase.

Diversifying your savings into a portfolio of assets, such as equities, bonds and property, can offer protection. Assets like inflation-linked bonds adjust their payouts based on inflation rates, providing a built-in hedge. Stocks also have the potential to generate returns that outpace inflation. A diversified approach allows retirees to manage risk while maintaining the value of their savings.

Structuring withdrawals to combat inflation

Creating a thoughtful income withdrawal strategy is key to mitigating inflation's impact on your finances. Begin by identifying your current income needs and revisiting these periodically to ensure they align with changing expenses and inflation trends.

Avoid withdrawing too much from your pension in the early years of retirement. Over-withdrawing could leave you with insufficient savings later in life and may force you to sell investments during market downturns. Planning ahead on which assets to draw from at different stages of retirement will help you spread your income sustainably over the years.

Managing the tax implications of inflation

Higher inflation often leads to increased income needs, which in turn may push retirees into higher tax brackets. Without careful planning, this could leave you paying more tax than necessary on your withdrawals.

For example, pensions are taxable, but savings held in ISAs provide a tax-efficient income stream. Blending withdrawals from taxable and tax-efficient income sources, or structuring them around your personal allowance, can minimise tax liabilities and maximise the money available to support your retirement.

THE VALUE OF PENSIONS AND THE INCOME THEY PRODUCE CAN FALL AS WELL AS RISE. YOU MAY GET BACK LESS THAN YOU INVESTED. TAX TREATMENT VARIES ACCORDING TO INDIVIDUAL CIRCUMSTANCES AND IS SUBJECT TO CHANGE. TAX PLANNING IS NOT REGULATED BY THE FINANCIAL CONDUCT AUTHORITY

It's also important to monitor changes in tax laws and adjust your strategy accordingly, as legislation can significantly impact your retirement income. Seeking our expert advice is invaluable for ensuring your withdrawals remain tax-efficient.

Leveraging investments to outpace inflation

Investing during retirement may seem daunting, but it's often an essential part of maintaining your purchasing power. Inflation-focused investments, like equities and inflation-linked bonds, offer the potential to grow your money and counteract rising costs.

For instance, companies tend to raise prices to keep pace with inflation, which can drive up their stock values over time. Equities, therefore, can deliver returns that exceed inflation in the long run. Meanwhile, inflation-linked bonds directly adjust payouts to reflect inflation, offering a steady and reliable hedge.

Balancing growth-focused investments with lower-risk assets, such as bonds or cash, creates a diversified portfolio suited to your needs and appetite for risk. Our professional advice will help align your investment choices with your retirement goals while managing market volatility.

Take charge of your retirement finances

Managing the effects of inflation on your retirement income can feel overwhelming, but with the right strategies, you can take control and protect your financial future. Whether it's diversifying your investments, restructuring your withdrawals or crafting a tax-efficient plan, there are steps you can take today to secure tomorrow. Don't delay; take the first step towards a resilient and fulfilling retirement today! ■

Achieving early retirement and living life to the fullest

How to plan ahead and turn your dreams into reality

Early retirement presents the chance to step away from the nine-to-five routine and focus on a lifestyle that aligns with your passions and aspirations. For many, it's an opportunity to enjoy the freedom they've worked so hard for, well before the statutory pension age in the UK, which is currently 66 and is set to rise to 67 by 2028.

Early retirement typically starts at 55, when most individuals can begin accessing their personal or workplace pensions. However, this threshold will rise to 57 from April 2028 onwards.

Making early retirement a reality requires foresight and careful planning. It's more than just finances; it's about envisioning the life you wish to lead and understanding how you'll fund it. Whether it's travelling the globe, starting a small business or spending more time with family, establishing clear goals is essential to creating a fulfilling lifestyle and overcoming potential financial challenges.

Laying the groundwork for financial independence

Achieving financial independence before reaching the traditional retirement age requires a comprehensive understanding of your financial health. A good starting point is to calculate the total value of your pensions, savings and investments. Compare these resources against your anticipated expenses during your retirement years. Remember, your retirement budget should account for more than just the essentials. Factor in your lifestyle goals, leisure activities and even unexpected medical costs.

Inflation plays a crucial role in your calculations. The rising cost of living can erode the value of your savings. For instance, the purchasing power of £1,000 today is likely to diminish in the years ahead. To mitigate this, you might need to explore investment opportunities aimed at outpacing inflation and preserving your financial stability over time.

Early retirement includes various phases, starting with a more active lifestyle, gradually transitioning

to a slower pace and possibly culminating in increased care costs. It's essential that your financial strategies can adapt to these evolving needs so your resources don't run out prematurely.

Appeal of flexible work and part-time roles

Retiring early doesn't necessarily mean you have to give up work altogether. Many retirees opt for part-time roles, consultancy work or even volunteering as a way to stay active and maintain a sense of purpose. These also have the added benefit of supplementing your retirement income.

For instance, if you've always enjoyed gardening, you could turn it into a small side business. Alternatively, you might choose to offer part-time consulting in an industry you have expertise in. The flexibility of these opportunities allows you to work on your own terms, contributing both financially and emotionally to your early retirement.

Conversely, some find themselves retiring early due to ill health, which comes with its own set of challenges. Time constraints for savings and the potential need for increased care are significant hurdles. Planning ahead for such situations, even if they seem unlikely, can prevent considerable financial and emotional stress later on.

Evaluating your finances

Taking stock of your fiscal readiness is crucial when planning for early retirement. Begin with your pensions. You may have multiple pension pots accumulated from various jobs, alongside any final salary schemes and your future State Pension entitlement.

Tools like the Pension Tracing Service are invaluable for locating any overlooked pension funds. Once identified, consolidating these pensions can simplify your financial management and provide a clearer overview of your savings.

Your goals for retirement should also drive your planning. Think about the life you envision. Will it involve yearly holidays? Relocating somewhere sunnier? Or perhaps pursuing a long-neglected hobby like painting or hiking? Assess the cost of these aspirations along with your fundamental living expenses, such as housing, utilities and insurance.

Strategic lifestyle choices

Family and housing are significant considerations when preparing for early retirement. For instance, if you still have dependent children or intend to support ageing relatives, these responsibilities may influence your financial plans. A pragmatic approach ensures that these obligations do not hinder you from enjoying retirement to its fullest.

Housing is another vital component of your strategy. Would you benefit from downsizing to reduce your living costs and release equity? Or is relocating to a smaller town or even another country an option you'd consider? Moving to a less expensive region could not only free up funds but also provide you with the opportunity for a fresh start.

Securing long-term financial stability

Maintaining a steady income during early retirement poses a common challenge. Consider avenues such as rental property income, dividends from investments or even setting up your own business to diversify your earnings. It is also crucial to reduce or eliminate outstanding debts. Committing to a clear timeline for repaying mortgages, loans or credit card balances will establish a foundation for a financially secure retirement.

Establishing a solid budget is crucial. Break down your spending into essential expenses and discretionary costs, ensuring that your anticipated income comfortably covers both. Meticulous financial planning paves the way for peace of mind, helping you avoid the risk of exhausting your resources prematurely.

Turning aspirations into achievements

Early retirement can be the gateway to living the life you've always dreamed of. Start by identifying your goals, whether it's travelling, starting new hobbies or spending more time with your loved ones. When you combine these aspirations with a solid financial plan, what once seemed impossible can become achievable.

If you're feeling daunted, approach the process step by step. Start by taking an honest look at your current financial standing. Assess your income streams, understand your obligations and build a timeline for anything you need to accomplish, such as clearing debts or finalising your pensions.

Start planning your future today

Deciding to retire early is one of the most rewarding choices you can make, but it demands careful and thoughtful preparation. Whether you envision adventures abroad, new business ventures or a peaceful life nearer to family, having the right guidance is essential.

We can help you explore your options, review your financial situation and create a robust retirement strategy tailored to your needs. Together, we can turn your vision of early retirement into a fulfilling reality. ■

> Tools like the Pension Tracing Service are invaluable for locating any overlooked pension funds.

Financial commitments and pension planning

Mastering financial commitments and pension planning

Managing day-to-day financial obligations while saving for retirement can feel like a daunting balancing act. From utility bills and mortgages to personal expenses, juggling commitments can seem overwhelming.

However, with careful planning and consistent effort, it's absolutely achievable. Whether you're just beginning to think about retirement or are already contributing to a pension, the right strategies can help you pave the way for a secure and comfortable retirement.

If appropriate to your particular situation, a defined contribution pension scheme can provide the foundation for your retirement planning. With this type of pension, the final amount depends on how much you contribute, how it grows over time through investments, and additional contributions from your employer if applicable.

Government tax relief also plays a significant role in increasing the value of your savings. Importantly, the earlier you start and the more consistently you contribute, the more significant impact you'll see as your fund grows.

TAX TREATMENT VARIES ACCORDING TO INDIVIDUAL CIRCUMSTANCES AND IS SUBJECT TO CHANGE.

Start small but think big

For many, the thought of allocating a significant portion of their salary to a pension is intimidating. If this applies to you, the solution is to start small and build incrementally. Begin with an amount you can afford without compromising your current lifestyle.

A useful approach is linking pension contributions to pay rises. Every time your income increases, commit a percentage of that raise to your pension. For instance, allocating even 4% of a pay rise to a pension may seem modest on paper, but over time, it helps you increase your savings without affecting your discretionary spending.

Similarly, redirect funds once you've completed other financial commitments. If you've paid off a car loan or any other regular payments, divert that amount to your retirement savings instead of incorporating it into your daily expenses. This simple yet effective strategy can have a meaningful impact over the long term.

Maximise contributions wherever possible

Many employers provide a matching contribution up to a specific threshold. By increasing your personal pension contribution by as little as 2% or 3% of your salary, you could access extra funds from your employer. This is essentially free money that will considerably enhance your retirement pot.

Lump-sum payments are another often-overlooked opportunity. If you receive a financial windfall, such as a bonus, inheritance or a tax refund, consider adding it to your pension. These one-off contributions are eligible for government tax relief (subject to allowances), meaning they're an efficient way to grow your fund quickly.

Long-term power of pension savings

Pension savings are unique in that they offer compound growth over the years. This means the earlier you invest, the more opportunity your savings have

to grow. For example, leaving your pension untouched for an additional five years could result in significantly higher returns due to compounding.

However, it's important to remember that growth isn't guaranteed. Investments fluctuate, and certain market conditions can impact returns. To mitigate this, take a proactive role in evaluating your pension's investment strategy.

Many schemes have default options that may not suit your financial goals or risk tolerance. Reviewing these options and making changes where necessary can enhance potential returns. Modern pensions often allow simple online adjustments, so take advantage of flexibility and align your strategy to your unique needs.

Broaden your retirement horizon

Pensions may be the backbone of retirement planning, but they're not the entire picture. Consider diversifying your approach by adding other income streams such as rental property or stocks and shares ISAs. Building resilience through multiple savings vehicles ensures financial stability even if certain investments underperform.

STOCKS & SHARES ISAS INVEST IN CORPORATE BONDS, STOCKS AND SHARES, AND OTHER ASSETS THAT FLUCTUATE IN VALUE. ISA INVESTORS DO NOT PAY ANY PERSONAL TAX ON INCOME OR GAINS, BUT ISAS MAY PAY UNRECOVERABLE TAX ON INCOME FROM STOCKS AND SHARES RECEIVED BY THE ISA MANAGERS. TAX TREATMENT VARIES ACCORDING TO INDIVIDUAL CIRCUMSTANCES AND IS SUBJECT TO CHANGE.

Reducing personal debt is equally important as you approach retirement. Entering retirement with fewer financial obligations frees up more of your income for personal enjoyment and essential living expenses. Prioritise paying off high-interest loans or credit card debts and aim to clear your mortgage if possible. Setting clear repayment timelines reinforces long-term security.

Review and keep adapting

Retirement planning isn't static; it requires regular attention and adaptation as circumstances evolve. A promotion, pay rise or life event, such as starting a family, may necessitate adjustments to your contribution strategy. Periodically reviewing your pension plans ensures that your savings are aligned with both your current and future needs.

Similarly, you should consider any overlooked pension funds. If you've had multiple employers, it's possible that you have unclaimed pensions that are misplaced. The Pension Tracing Service can assist you in locating these, consolidating smaller pots to form a more substantial retirement fund. This process simplifies financial management and gives a clearer overview of your total savings.

Take action now to build your future

Balancing financial commitments with long-term pension savings may demand effort, but the rewards are undeniably worth it. By starting early, maximising opportunities like employer contributions and diversifying your strategies, you can build a retirement plan without compromising your current lifestyle.

The sooner you take action, the greater the opportunity for your money to grow, securing not just your future but the freedom to fully enjoy it. Simple steps such as increasing contributions, redirecting freed-up funds and making thoughtful investment choices all contribute to a more robust retirement roadmap.

Secure your financial independence

Planning for your retirement doesn't need to be a solo effort. Whether you're looking to maximise your pension, explore supplementary savings options or simply understand where to start, expert guidance can make a world of difference. Together, we'll help transform your ambitions into actionable results and secure the retirement lifestyle of your dreams. ■

> Consider diversifying your approach by adding other income streams such as rental property or stocks and shares ISAs.

Understanding Auto-Enrolment

Why it's key to retirement planning

For employees, auto-enrolment is a pivotal element of retirement preparation, ensuring many take their first steps towards a comfortable future. Introduced by the government in October 2012, this initiative requires employers to enrol eligible employees into a workplace pension scheme. This policy has transformed saving for retirement, significantly increasing the number of people actively building for their future years.

If you're aged 22 or older, earn more than £10,000 per year and work primarily in the UK, you'll be automatically enrolled into your employer's pension scheme. However, you don't have to wait until you turn 22. If you are 16 or older, you can request to join the scheme early, enabling you to benefit from employer contributions and start saving sooner.

How does auto-enrolment work?

Once you meet the eligibility criteria, you'll be automatically enrolled into your workplace pension, usually within three months. Contributions will be deducted directly from your salary, simplifying the process and helping you save consistently without requiring manual transfers.

Employers are obligated to contribute at least 3% of your qualifying earnings to your pension. If you choose to opt out, you forfeit this contribution, effectively leaving money on the table. The benefit of saving into a pension goes beyond what you and your employer invest.

Contributions are boosted by government tax relief, which means the tax that would have gone to HMRC is added to your pension instead. Additionally, your money is typically invested, creating the opportunity for longer-term growth. Together, these factors can significantly increase the value of your pension fund compared to standard savings accounts.

Importance of employer contributions

Auto-enrolment guarantees that employers actively help their teams save, unless an individual opts out of the pension. For those earning over £6,240 a year (tax year 2025/26), employers must contribute at least 3% of their earnings to their pension. This additional money boosts the retirement fund, creating a powerful incentive to stay enrolled.

Some employers offer schemes that match or even exceed employee contributions past the government-mandated minimum. For example, an employer may agree to match every extra % you contribute, doubling the growth of your savings. Always check if your employer offers such benefits and maximise opportunities to take full advantage.

Why early contributions make a difference

Retirement may seem far off, but starting early can create significant advantages. Time is your greatest ally when it comes to building a pension. Consider two individuals contributing the same amount monthly, but one starts 20 years earlier. The earlier saver will likely retire with a substantially larger pot, thanks to the power of compounding.

Compounding allows your investment returns to generate their own returns. The longer your money stays invested, the greater its potential to grow. This is especially helpful for younger employees who have decades to benefit from this effect. Beginning early also offers financial flexibility later in life, enabling the option to reduce contributions while remaining on course to achieve retirement goals.

Keeping your savings locked but secure

Pensions are designed to ensure financial security during retirement, which is why your savings are typically inaccessible until you reach a specified age. Currently, you can access your pension from age 55, but this will rise to 57 in April 2028.

Additionally, the minimum age is set to increase further over time as the UK population continues to live longer. The security of your savings is an integral part of pension design. While investments carry risk, long-term investment strategies have historically been successful in generating returns.

Reviewing the options in your scheme helps ensure your pension investments align with your financial goals and risk tolerance. Many pensions now allow you to adjust these settings online with ease.

Supplementing auto-enrolment with a SIPP

Although auto-enrolment provides a strong start, building additional savings can enhance your financial future. A Self-Invested Personal Pension (SIPP) offers a flexible and tax-efficient way to grow your pension. Unlike standard workplace pensions, SIPPs allow you to select a wide variety of investments, including shares, funds and property.

In the current 2025/26 tax year, you can contribute up to 100% of your annual income or £60,000 each year (whichever is lower and where the MPAA or any tapering has not been triggered) and receive tax relief. Where you have no earnings, you can contribute up to £3,600 each year. This strategy is ideal for individuals seeking greater control over their retirement funds or higher earners aiming to maximise their contributions.

THE VALUE OF PENSIONS AND THE INCOME THEY PRODUCE CAN FALL AS WELL AS RISE. YOU MAY GET BACK LESS THAN YOU INVESTED. TAX TREATMENT VARIES ACCORDING TO INDIVIDUAL CIRCUMSTANCES AND IS SUBJECT TO CHANGE.

SIPPs can complement the savings from your workplace pension, diversifying your financial base and boosting retirement security.

Regular reviews are essential

Auto-enrolment and supplementary tools like SIPPs are just the beginning. To ensure you remain on track, a regular review of your pension is essential. Life changes, such as promotions, job switches or evolving expenses, need to be reflected in your retirement strategy.

If you've worked at several companies, you may have multiple pension pots scattered across different employers. It's easy to lose track of these over time. The Pension Tracing Service is a valuable free tool to help locate any lost pensions so they can be consolidated if necessary. Bringing these funds together can simplify management and provide a better overview of your total retirement savings; however, it's important to consider any guarantees that may be attached to the funds prior to consolidation.

Take charge of your financial future

Understanding and leveraging auto-enrolment could help towards securing your retirement. Combine this with early and consistent contributions, regular reviews and additional savings strategies like SIPPs to enhance your financial resilience.

The sooner you consider your retirement planning, the more control you'll have over your future financial stability. Even small changes, like increasing contributions or reviewing investment options, can lead to significant benefits over time.

Work with us to ensure your retirement success

Retirement planning can feel complex, but you don't have to do it alone. Whether you're starting with auto-enrolment, exploring SIPPs or looking to consolidate existing pensions, expert guidance can provide clarity and direction.

Together, we'll create a tailored strategy to ensure your retirement is not just secure but fulfilling. Every contribution you make today moves you closer to the life you dream of in the future. Don't wait to take the first step, secure your tomorrow with confidence.. ■

Unlock financial freedom with a Self-Invested Personal Pension (SIPP)

Flexibility to create a diversified portfolio that matches your risk tolerance

A Self-Invested Personal Pension (SIPP) is a flexible retirement savings vehicle, offering more than other pension schemes. Similar to some other personal pensions, with a SIPP, you're in control of your financial future, making decisions about where and how your money is invested. This level of autonomy allows you to diversify your portfolio, align investments with your retirement goals and potentially grow your pension pot far more effectively.

Whether you choose to make regular contributions or invest occasional lump-sum deposits, even modest steps can turn into significant growth over time. Combined with substantial tax benefits, SIPPs have the potential to accelerate your retirement savings while offering the freedom to tailor your strategy to suit your needs.

How does a SIPP work?

A SIPP allows you to determine where your pension contributions are invested. Unlike workplace pensions, which may have limited investment options, SIPPs provide access to a wide range of assets. These options include individual shares in UK and international companies, government and corporate bonds, and commercial property (though residential property is excluded).

THE VALUE OF PENSIONS AND THE INCOME THEY PRODUCE CAN FALL AS WELL AS RISE. YOU MAY GET BACK LESS THAN YOU INVESTED. TAX TREATMENT VARIES ACCORDING TO THE INDIVIDUAL.

This flexibility opens the door to creating a diversified portfolio that matches your risk tolerance and

For example, someone contributing £100 monthly from the age of 25 could accumulate a larger pension pot by retirement than someone contributing £200 monthly but starting at 45.

financial objectives. For instance, you could focus on high-dividend shares for a steady income stream or choose growth stocks to maximise returns over the long term. Adjusting investments is straightforward, and many providers allow online management, so you can respond to market conditions effectively.

Why SIPPs are designed for long-term growth

SIPPs are intended for long-term retirement savings, with money locked away until at least age 55 (rising to 57 in April 2028). While this may seem restrictive, it means your funds are preserved and can potentially benefit from years of compounded growth. This long-term approach can be especially beneficial if your investments are aligned with growth sectors or emerging markets.

Although market fluctuations are natural, history shows that investing over the long term often yields favourable results. Many SIPP schemes also offer professional portfolio management services if you prefer hands-off investing, ensuring qualified experts manage your retirement savings.

Start early to maximise benefits

Retirement may feel like a distant goal when you're in your 20s or 30s, but starting early is one of the most effective ways to build a significant pension fund. Time plays a vital role in allowing your investments to compound. Compounding occurs when the returns on your investments themselves begin generating returns, creating a snowball effect that accelerates growth over time.

For example, someone contributing £100 monthly from the age of 25 could accumulate a larger pension pot by retirement than someone contributing £200 monthly but starting at 45. Even if you're not able to contribute significant amounts initially, developing a habit of regular contributions can lay the foundation for a sound financial future.

Added tax advantages of SIPPs

One of the most attractive features of SIPPs is the tax relief on contributions (subject to limits on contributions). For basic rate taxpayers, the government adds 20% to contributions. For higher rate taxpayers (40%), an extra 20% tax relief can be claimed through a self-assessment return, while additional rate taxpayers (45%) can claim an additional 25%.

For example, if you contribute £800 to your pension, the government adds 20% tax relief at source, increasing your pension pot to £1,000. As a higher rate taxpayer, you could claim back up to £200 more via your tax return, making the total tax relief worth £400 (40% of the £1,000). For additional rate taxpayers, this increases to £250 more via tax return, making the total relief £450 (45% of £1,000).

Even if you have no earned income, you can still contribute up to £2,880 annually to a SIPP, with government tax relief boosting this to £3,600. For parents, Junior SIPPs offer an opportunity to invest on behalf of children, allowing their savings to grow for decades while attracting tax benefits.

Extensive investment opportunities

SIPPs stand out from traditional pensions with their broad range of investment options. Whether you're interested in shares or alternative investments like commercial property, a SIPP gives you the opportunity to tailor your pension investments. This flexibility can help you gain exposure to high-growth markets or diversify across safer asset classes like bonds and cash reserves.

You can also decide how to reinvest earnings from your investments. Opting to reinvest rather than withdraw these earnings can accelerate the growth of your pension pot significantly, allowing your money to work harder over time. However, always remember that all investments carry risk, and the value of your pension could rise or fall depending on market conditions. Diversification is key to balancing potential rewards with acceptable levels of risk.

Who is a SIPP right for?

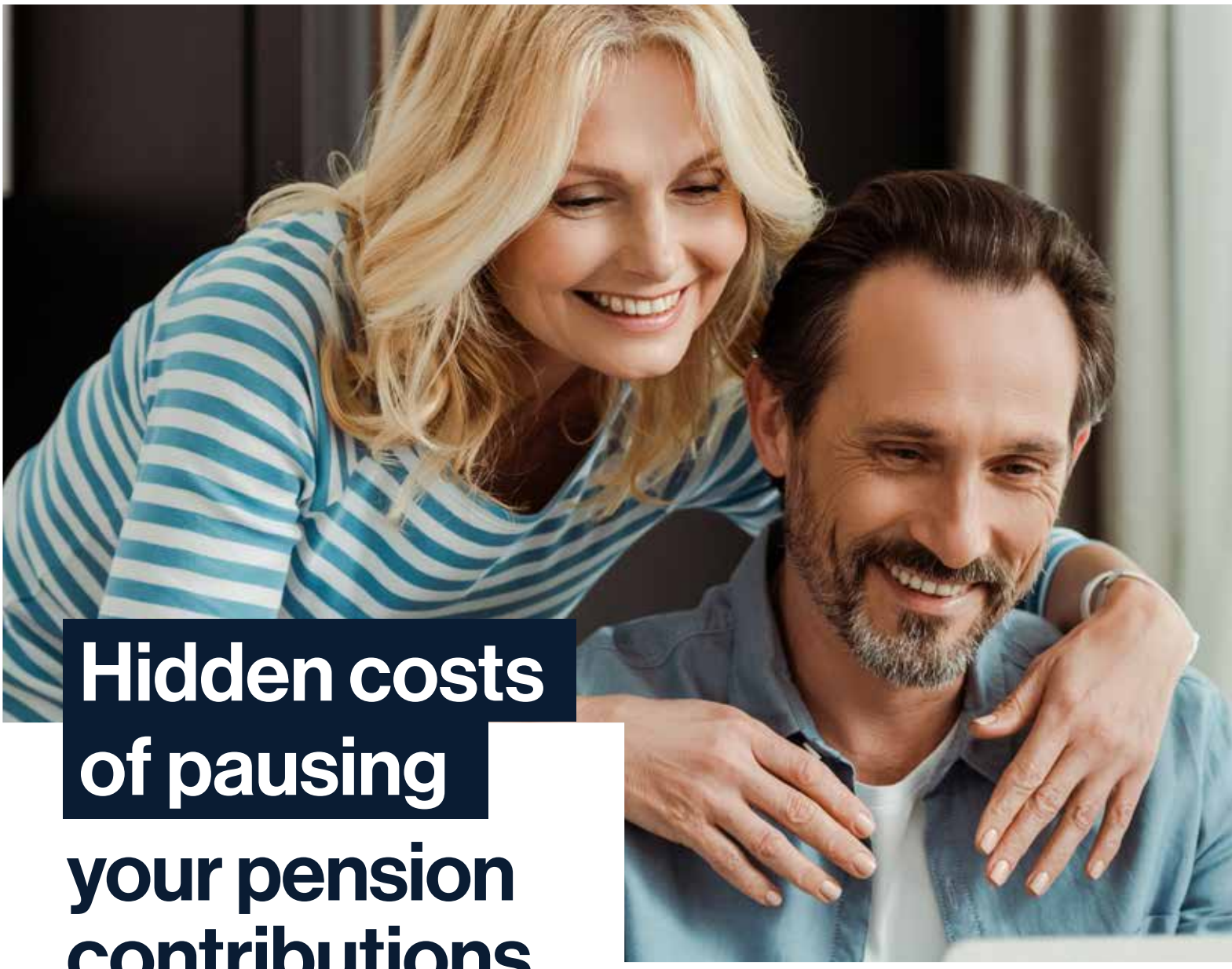
SIPPs are versatile and accessible to a broad range of individuals. They are particularly advantageous for higher earners seeking tax efficiency, self-employed individuals without access to workplace pensions or financially savvy investors who want hands-on control.

If you have existing pensions from previous employers, switching these under a SIPP could consolidate your savings and simplify management. Be sure to check if your employer is willing to contribute to a SIPP; while there is no legal obligation for them to do so, some employers may include it in their benefits package. It's important to note that other factors should be considered before consolidating, such as any guarantees that may be lost upon transfer.

Taking the next steps towards financial freedom

A SIPP may be the right solution if you're looking to take a more active role in your retirement planning. However, as with any financial commitment, careful planning and informed decision-making are essential. Seeking our professional advice will help ensure that you align your SIPP investments with your long-term financial goals while navigating tax rules to maximise your benefits.

A Self-Invested Personal Pension (SIPP) offers a high level of control and financial freedom, empowering you to create the retirement you envision. With the right strategy, SIPPs can help you grow your savings, diversify your investments and capitalise on tax advantages to secure a financially stable future. ■



Hidden costs of pausing your pension contributions

Why taking a break could impact your retirement goals

When financial pressures mount, hitting pause on your pension might seem like an easy way to free up cash. It's tempting to reprioritise immediate needs over long-term goals, especially during challenging times.

However, pausing or stopping your pension contributions can have far-reaching consequences on your financial security in retirement. Understanding these potential impacts is vital before making any decisions.

While temporarily stopping contributions may provide short-term relief, the long-term effects on your retirement savings and lifestyle could be significant. Here, we explore what happens when you halt your pension contributions and discuss why staying consistent with your retirement savings is so important.

Compounding interest and the cost of lost growth

One of the primary benefits of contributing to a pension over time is the power of compound interest. When you regularly save into a pension, your money grows not just from your contributions but also from the returns on those contributions. Over time, this compounding effect can significantly increase the value of your fund.

For example, imagine you're saving £1,500 a month into a pension with an annual growth rate of 5%. If you take a one-year break, you're not just missing out on £18,000 in contributions; you're also forgoing the compounding growth on that sum. Over several decades, this could leave a noticeable gap in your pension pot.

Impact on employer contributions

If you're part of a workplace pension scheme, pausing your contributions could mean losing out on the additional top-ups provided by your employer. For many employees, these contributions serve as 'free money' that significantly boosts retirement savings.

For instance, in auto-enrolment schemes, employers are typically required to contribute at least 3% of your qualifying earnings. By pausing your contributions, you're not only losing out on your own savings but also on this valuable employer contribution, which could have long-term implications for your retirement wealth.

Missing out on tax relief

When you contribute to a pension, the government adds tax relief to your payments, effectively boosting the amount saved. For basic rate taxpayers,

every £80 contributed is topped up to £100 (subject to contribution limits). Higher rate taxpayers can claim even more through their tax returns.

Pausing your contributions means you're missing out on this extra boost, which could significantly reduce your overall retirement pot. Over the years, the cumulative loss of these contributions and tax incentives could make it harder to achieve your target income in retirement.

TAX TREATMENT VARIES ACCORDING TO INDIVIDUAL CIRCUMSTANCES AND IS SUBJECT TO CHANGE.

Delaying your retirement goals

Stopping your pension contributions might delay your plans for retirement altogether. Without consistent savings, you may need to rely on alternative income sources or extend your working years to compensate.

For instance, pausing your contributions for just a few years in your 30s or 40s gives your savings less time to recover, potentially meaning you'll need to save significantly more later to make up for the gap. Retirement planning is a long-term effort, and short-term disruptions can make a big difference down the line.

Challenges of restarting contributions

Once you pause your pension contributions, restarting them isn't always straightforward. Competing financial obligations could make it harder to get back on track, especially if you've adjusted your lifestyle to accommodate the extra cashflow.

Additionally, catching up on missed contributions may require you to save a larger percentage of your income to stay on course. This can feel overwhelming and may put unnecessary strain on your finances later in life.

Evaluating your options before taking action

While pausing your pension might seem like the only solution, it's always worth exploring alternative approaches first. For example, creating a detailed budget to identify other areas where you can cut back could help you free up funds without sacrificing your retirement goals.

Speaking with us before making any changes will help you understand the potential long-term impact on your retirement plans. We can also assist in finding creative solutions to manage both current financial pressures and future savings goals.

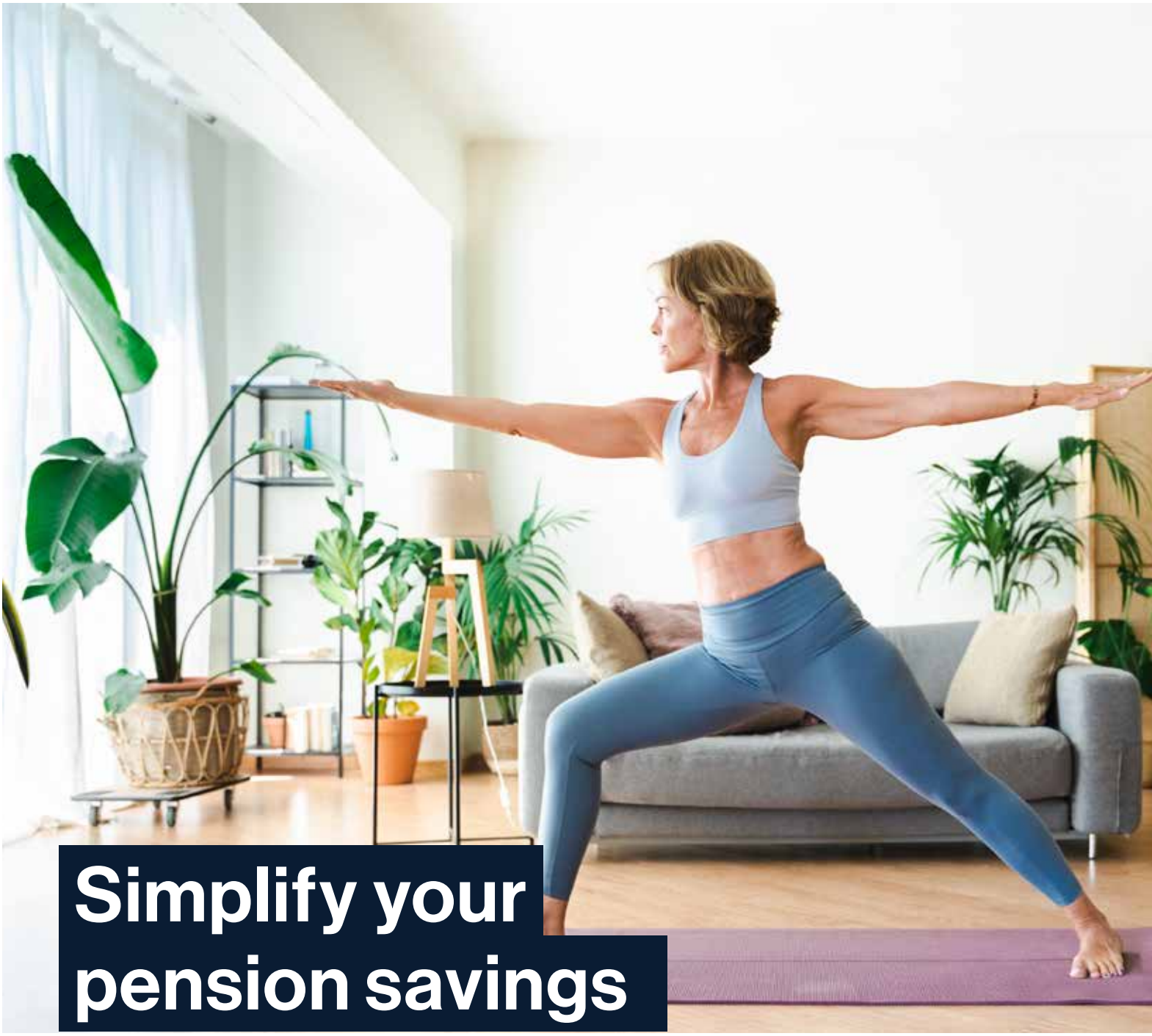
Tips for staying consistent

- **Set achievable targets:** If financial pressures are significant, consider reducing – not pausing – your contributions. Even small amounts can make a big difference over time.
- **Prioritise pension savings in your budget:** Treat contributions as a non-negotiable expense, just like rent or utility bills.
- **Monitor your progress:** Regular reviews of your pension can reassure you that your efforts are paying off and keep you motivated to stay consistent.

Secure a stable financial future

Retirement may seem like a distant concern, but every decision you make today influences your future financial security. Maintaining consistency with pension contributions, even during difficult times, is one of the most effective ways to establish a stable financial foundation for later life.

Pausing your pension contributions is a significant decision and it's crucial to fully grasp the implications. If you're contemplating stopping or reducing your contributions, we can assist you in evaluating your options and formulating a strategy that meets both your current and future needs. Don't leave your retirement to chance – begin planning for it with confidence today! ■



Simplify your pension savings with consolidation

Unlock financial clarity and boost your retirement fund

Over your working life, it's likely you've built up pensions with multiple employers or started personal schemes if you've been self-employed. These various pots of savings can be challenging to manage, and in some cases, they might not work as well as they could.

Pension consolidation provides an opportunity to group your pensions into one streamlined scheme, delivering clarity, potentially lowering fees and improving the performance of your retirement savings. However, pension consolidation is not without its complexities, and it's important to carefully weigh the benefits against any potential downsides.

What is pension consolidation, and why should you think about it?

Pension consolidation involves transferring your pensions into a single scheme, simplifying the process of financial management. Imagine having to track statements, charges and investment returns across five or more pension providers.

It's time-consuming and can make it harder to keep a clear overview of your retirement savings. Instead, merging your pensions into one scheme brings everything under a single provider, cutting down on administrative work.

The cost savings can be

> When consolidating pensions, it's essential to evaluate both the fees and the performance of your existing plans.

significant too. Older pension plans, in particular, are often subject to higher charges. These may include administration or management fees that steadily erode your retirement funds. By transferring to a modern pension scheme with a more competitive fee structure, you could keep more of your money invested and working towards growth. And with fewer fees to pay, the impact on your retirement pot over time could be considerable.

Assessing costs and performance

When consolidating pensions, it's essential to evaluate both the fees and the performance of your existing plans. Start by reviewing what you're paying for each pension provider. You might be surprised to find hidden charges that have been affecting your returns. At the same time, assess how well your current pensions have performed over time.

For instance, one scheme might consistently underperform compared to others, and the level of risk needs to be considered. Consolidating into a scheme with better growth potential could significantly boost the total sum available at retirement. Be mindful, though, as professional advice is key when dealing with investment performance. We can help you identify suitable options to maximise your savings.

Protecting valuable features

While the potential savings and performance benefits are attractive, consolidation does come with some risks. One of the most significant considerations is whether your current pensions offer unique benefits. Defined benefit schemes, for example, often come with guaranteed income as well as dependents' pensions, which can provide security for your spouse or family in the future.

By consolidating pensions, you could lose these valuable features. If they form part of your retirement planning, sacrificing them may not be worth the trade-off. Fully understanding the benefits attached to each of your existing pensions is critical to making a well-informed decision.

TRANSFERRING OUT OF A DEFINED BENEFIT SCHEME IS UNLIKELY TO BE IN THE BEST INTERESTS OF OR BE SUITABLE FOR MOST PEOPLE. THE VALUE OF PENSIONS AND THE INCOME THEY PRODUCE CAN FALL AS WELL AS RISE. YOU MAY GET BACK LESS THAN YOU INVESTED.

Avoiding exit fees and over-concentration

Exit charges are another key consideration before consolidating your pensions. Depending on the terms of your current schemes, these fees can be significant enough to cancel out the advantages of making a transfer. Carefully calculating these costs is essential to determine whether consolidation still makes financial sense.

Diversification is also important. Consolidating everything into one pension scheme could risk concentrating your assets too narrowly. For example, all your money may end up in similar investments, meaning lower diversification and higher vulnerability if those assets underperform. Ensuring your consolidated pension remains diverse is key to minimising risk.

When should you consolidate?

There isn't a one-size-fits-all answer to when you should consolidate pensions. However, key milestones can provide the ideal opportunity. For example, when you change jobs, reviewing your pensions could help you decide whether to move your existing pot into your new employer's scheme. Similarly, as you approach retirement, consolidating can make it easier to manage and access funds.

Think about your goals and how they align with your existing pensions. Do they meet your long-term retirement objectives? If not, consolidation could provide a platform for a more focused and effective strategy.

Advantages of taking proactive action

Neglecting your pensions can lead to missed opportunities, whether it's paying unnecessary fees or leaving funds in underperforming schemes. Pension consolidation allows you to take control, ensuring your money works as hard as possible towards building a secure retirement.

That said, it's important to approach consolidation with care. Making an uninformed decision could mean losing out on valuable benefits or facing unexpected costs. This is where working with a financial expert can make all the difference, providing clarity and direction to safeguard your financial future.

Start simplifying your pension savings today

When approached with careful consideration, pension consolidation can be an effective way to streamline your savings, cut down on fees and improve returns. By taking proactive steps now, you can unlock more clarity, control and confidence in managing your retirement pot.

Whether you want to reduce fees, boost investment performance or simplify your finances, we're here to help. Together, we can assess your current pensions, explore consolidation opportunities and create a personalised strategy to help you achieve your retirement goals. Take control of your pensions and secure the financial future you deserve. ■

Exploring your pension choices

Smart decisions for a secure and flexible retirement

Since the groundbreaking pension freedoms were introduced in 2015, savers have had more flexibility than ever before to tailor their retirement income. These changes represent an incredible opportunity to align your pension choices with your lifestyle. Whether you aim to prioritise financial security, enjoy greater flexibility or combine both approaches, understanding your options is critical to making informed decisions.

From the age of 55 (rising to 57 from 6 April 2028 unless you have a protected pension age), you can begin accessing your defined contribution pension fund. You may opt for a lifetime income through an annuity, take flexible cash withdrawals or even combine multiple strategies. Each decision you make can significantly impact your financial stability in retirement, so it is vital to carefully weigh your options.

Cashing in your pension

If flexibility isn't your priority, you can cash in your entire pension pot in one go. While 25% is tax-free, the remainder is treated as taxable income, which could push you into a higher tax bracket and generate a significantly larger tax bill for the year. This option may be suitable if you have other sources of regular income to rely on.

However, withdrawing all at once poses the risk of quickly exhausting your funds, potentially leaving you with limited assistance for your later years. Carefully assess the tax and spending implications before opting for this approach.

> One of the benefits of pension freedoms is the ability to mix and match different options. You're not restricted to choosing just one approach, which allows you to create a tailored plan aligned with your retirement goals.

Lump sum withdrawals

One of the most flexible approaches to accessing your pension is withdrawing it as a series of lump sums. This option allows you to dip into your funds incrementally whenever you need them, giving you freedom and control while leaving the remaining funds invested.

For example, you might withdraw larger amounts in the earlier stages of retirement to travel, renovate your home or pursue hobbies, while scaling back as your lifestyle changes. Each withdrawal has 25% tax-free availability, with the remaining 75% taxed as income (subject to allowances and protection).

However, careful planning is essential. Taking too much too soon or inconsistently managing withdrawals could leave you with limited funds in later retirement, potentially jeopardising your long-term financial stability.

Annuities for guaranteed income

Annuities remain an ideal solution for those who prioritise security and stability over flexibility. With this approach, you use some or all of your pension pot to purchase an annuity, guaranteeing a regular income for the rest of your life, regardless of how long you live.

Taking up to 25% as a tax-free lump sum first can give you access to some capital to spend, while the remainder can be converted into reliable income. For example, you could purchase an inflation-linked annuity, which ensures your payments increase annually to keep up with the rising cost of living.

Alternatively, annuities can be customised to provide income to a surviving spouse or partner in the event of your death. Although annuities offer financial security, they often lack flexibility. Therefore, they may be best suited for individuals seeking peace of mind that they will never outlive their income.

Pension drawdown for flexible income

If flexibility is more important than guaranteed income, pension drawdown might be a fitting solution. With pension drawdown, your remaining savings remain invested, and you can either withdraw a fixed or flexible income based on your needs.

You can still take 25% of your pension pot tax-free upfront, while the remaining funds are left to grow through investments. This approach allows you to adjust your income as needed throughout retirement. For example, you could withdraw more in the early years when your expenses might be higher and adapt later on.

However, the longevity of your pot depends on investment performance and careful management. Setting a sustainable withdrawal plan and choosing an appropriate investment strategy are essential. We can help you optimise your pension drawdown approach.

THE VALUE OF PENSIONS AND THE INCOME THEY PRODUCE CAN FALL AS WELL AS RISE. YOU MAY GET BACK LESS THAN YOU INVESTED. TAX TREATMENT VARIES ACCORDING TO INDIVIDUAL CIRCUMSTANCES AND IS SUBJECT TO CHANGE.

Mixing and matching options

One of the benefits of pension freedoms is the ability to mix and match different options. You're not restricted to choosing just one approach, which allows you to create a tailored plan aligned with your retirement goals.

For instance, you could initially choose a drawdown strategy to enjoy flexibility and adapt to an active lifestyle. Later in retirement, when stability might be a greater priority, you can convert a portion of your funds into an annuity to lock in guaranteed income.

Additionally, if you have multiple pension pots, you can utilise different strategies for each. For instance, one pot could fund long-term dependable income, while another remains invested for growth. You can even continue to save into your pension until the age of 75 and benefit from tax relief, optimising your finances well into retirement.

Weighing up the risks and considerations

While these options provide unparalleled flexibility, it's vital to approach your choices with care. Taking larger lump sums can affect your tax position, while overly aggressive investment strategies in drawdown may inadvertently deplete your savings earlier than planned. Longevity risk is another key concern, as many people live longer than expected, leaving a need for an enduring income.

Reviewing your retirement goals and seeking expert advice will equip you with a clear and practical strategy. Whether you aim for security, growth or balance, understanding the broader implications of your pension decisions is crucial to avoiding costly mistakes.

Taking control of your retirement journey

Unlocking your pension choices gives you the freedom to create a tailored and flexible retirement plan. Whether you wish to secure guaranteed income through an annuity, opt for a flexible drawdown plan or combine multiple approaches, understanding your options is the key to long-term financial security.

Pension planning is among the most significant financial decisions you will face and getting it right can transform your retirement. Whether you want to explore combining strategies, maximise tax benefits or adapt your plan to your lifestyle, we are here to help. Take the first step towards a brighter financial future today! ■

Reducing risk in pension savings

Protect your retirement fund while maintaining growth potential

When it comes to saving for retirement, many individuals invest their pensions in a variety of funds. These can be pre-selected by your pension provider or chosen individually to align with your goals and risk tolerance.

Traditionally, retirement planning has involved significant investment in share-based funds during the early years to maximise growth. As retirement approaches, however, the focus shifts to de-risking. This strategy diversifies your investments into bonds, cash and shares to mitigate risk.

While de-risking is a common practice, it requires careful planning and communication with your pension provider to avoid unintended consequences. Without a clear plan tied to your retirement timeline, you may find that de-risking happens too early or late, potentially reducing your retirement savings.

Why de-risking matters

De-risking involves a gradual reduction of exposure to high-risk, high-reward investments like equities as you approach retirement. Instead, your portfolio transitions to lower-risk assets such as government bonds and cash. These safer investments are less volatile, which helps to protect the value of your pension savings during market downturns.

For those with defined contribution pension schemes, de-risking often happens automatically through what is known as a 'lifestyle strategy'. This ensures that as you age, your pension assets are allocated in a way that prioritises safety over growth. However, understanding how this affects your long-term returns and aligning it with your retirement age is essential to making the most of your savings.

Communicating your retirement age

Pension providers use your stated retirement age to determine when to begin de-risking your funds. Typically, this process starts five to fifteen years before your expected retirement date. For instance, if your default retirement age is set at 65, your provider might begin transitioning your assets into lower-risk investments as early as 50.

If you're planning to work beyond the default retirement age, this early shift may limit your pension fund's potential growth during your peak earning years. Conversely, if you retire earlier than expected, you'll risk having a portfolio that is still largely exposed to market fluctuations. Keeping your pension provider informed about your plans ensures that your investment allocation remains aligned with your goals.

How does de-risking work?

De-risking aims to stabilise your pension savings. Early in life, contributions are focused on growth-oriented investments like shares, which tend to be more volatile. While these provide opportunities for higher returns, they also pose a greater risk of value fall.

Over time, your portfolio transitions to safer investments, such as bonds and cash. Bonds, essentially loans to governments or corporations, offer fixed income via interest payments. Their predictable nature makes them a staple of de-risking strategies. Cash holdings, despite offering limited growth, provide stability and liquidity.

Pension providers use your stated retirement age to determine when to begin de-risking your funds. Typically, this process starts 5 to 15 years before your expected retirement date.

For example, in the years leading up to retirement, your provider might reduce your equity exposure from 80% to 20%, reallocating those funds into bonds and cash. This shields your savings from sudden market downturns that could occur just as you're about to access your pension.

Should you stick with higher-risk investments?

There is an enduring belief that bonds act as a safeguard against stock market volatility. Historically, bonds increase in value when shares fall, creating a balance in your portfolio. However, recent market trends have shown volatility in both stocks and bonds, challenging this traditional assumption.

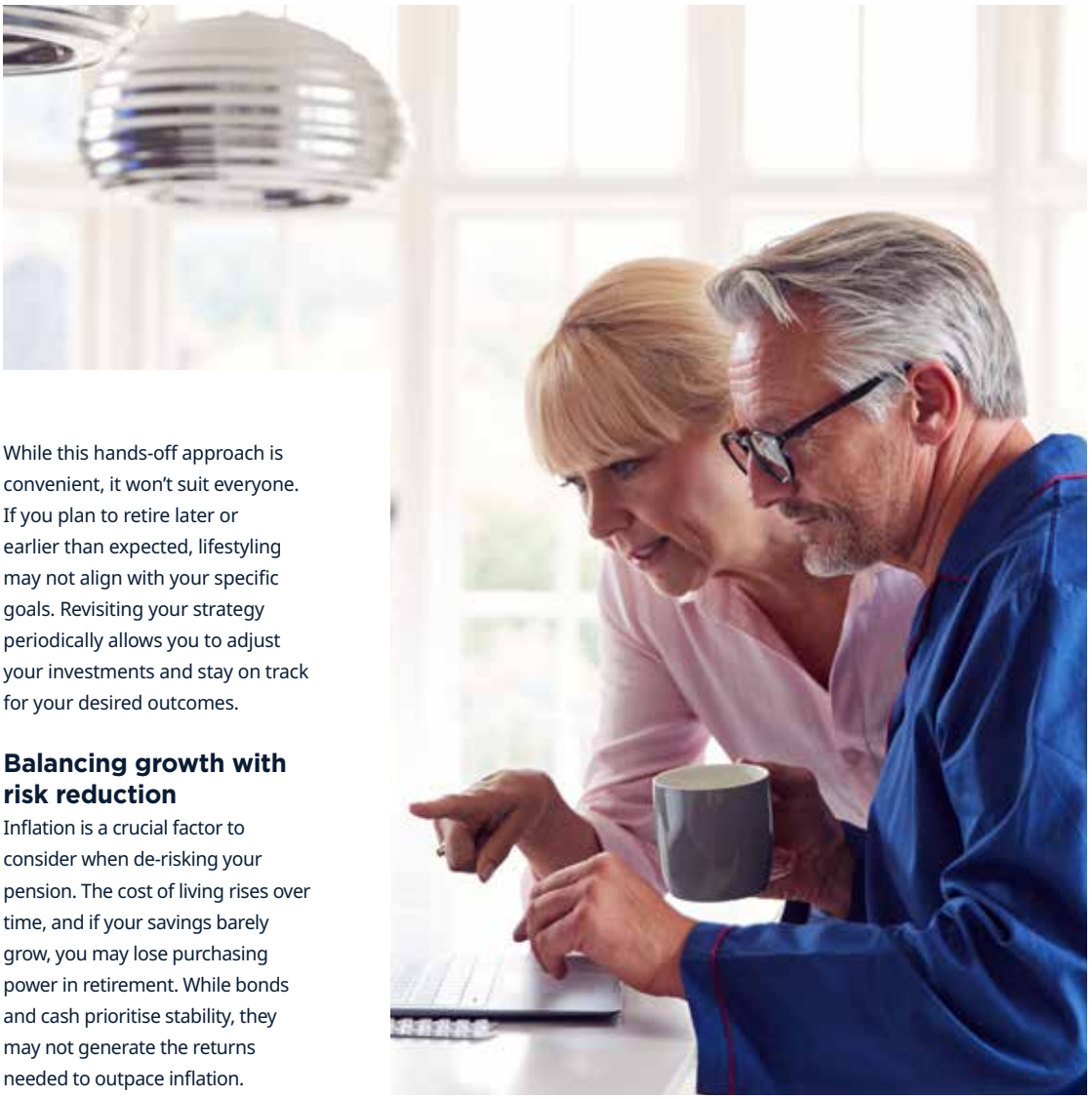
If you're comfortable with risk and prioritise growth, staying invested in equities could make sense. Shares often outperform other asset classes over the long term, meaning your savings could grow more.

For risk-tolerant investors, it's possible to opt out of the de-risking process altogether by notifying your provider and requesting an alternative investment allocation.

THE VALUE OF PENSIONS AND THE INCOME THEY PRODUCE CAN FALL AS WELL AS RISE. YOU MAY GET BACK LESS THAN YOU INVESTED. PAST PERFORMANCE IS NOT A RELIABLE INDICATOR OF FUTURE PERFORMANCE.

What is lifestyling?

Lifestyling is an automatic investment strategy that shifts your pension savings into more conservative assets as you approach retirement. For example, early in your career, the fund may focus heavily on equities to maximise growth. But as retirement nears, it reallocates investments to bonds and cash to minimise volatility.



While this hands-off approach is convenient, it won't suit everyone. If you plan to retire later or earlier than expected, lifestyling may not align with your specific goals. Revisiting your strategy periodically allows you to adjust your investments and stay on track for your desired outcomes.

Balancing growth with risk reduction

Inflation is a crucial factor to consider when de-risking your pension. The cost of living rises over time, and if your savings barely grow, you may lose purchasing power in retirement. While bonds and cash prioritise stability, they may not generate the returns needed to outpace inflation.

A blended approach offers a potential solution. For instance, you could retain some exposure to equities for growth potential while keeping a portion of your portfolio in bonds to reduce volatility. Working with us will ensure this balance is tailored to your goals and circumstances.

Taking an active role in pension management

The most successful pension plans are those that adapt over time. Regularly reviewing your investments with your provider or adviser allows you to fine-tune your strategy as circumstances change. For example, life events such as a career break, inheritance or a shift in retirement plans can all impact your pension needs.

Staying informed and proactive ensures your decisions reflect both your immediate and long-term objectives. Whether you follow a lifestyle fund, maintain a growth-oriented strategy or create a custom allocation, taking control of your pension is key to safeguarding your financial future.

Build a smarter retirement strategy today

De-risking your pension savings is a crucial step in preparing for retirement. By understanding your options and tailoring your approach, you can safeguard your investments while maintaining opportunities for growth. Whether you prioritise security, flexibility or a mix of both, an informed strategy will assist you in achieving financial stability in your later years.

Planning for retirement can feel overwhelming but our professional guidance will make all the difference, helping you manage risk while maximising returns. Take charge of your future and secure the retirement you deserve! ■

Start planning now to secure your financial future

How much do you need to retire comfortably in 2025?

If you hope to enjoy a comfortable retirement when you cease working, review your pension savings now, as the amount of money you may require could come as a shock. According to the latest data, a single person now needs a staggering £43,900 annually to sustain a comfortable lifestyle in retirement, while couples need £60,600 a year[1]. These figures underscore just how vital it is to have a clear retirement strategy in place.

But what does a 'comfortable' retirement mean, and why does it cost so much? By exploring this concept and understanding the associated costs, you can better plan for a financially secure retirement.

Understanding what 'comfortable' looks like

A 'comfortable' retirement is defined as one that enables financial independence and allows for the enjoyment of a few luxuries. This might mean a Mediterranean holiday each year with sufficient spending money, several weekends away within the UK and regular meals out. Other indicators include a comprehensive broadband and TV package and clothing budgets.

For a single person, these costs total £43,900 annually after tax. To cover this, they would need a pre-tax income of £40,245, in addition to the State Pension, which is £11,973 for the 2025/26 tax year. If you're relying on a pension pot to provide this income through an annuity, the total savings required range from £540,000 to £800,000.

Breaking down the numbers

The figures account for essential expenses and discretionary spending. These projections include weekly averages of £75 for groceries, £42 for dining out and £21 on takeaways, along with annual costs for holidays and clothing. They aim to reflect realistic living standards rather than extravagant lifestyles. For couples, their combined expenses raise the financial requirement.

Annuity rates used in these calculations vary based on factors such as health, age and the type of annuity selected. Currently, they range from £5,000 to £7,500 for every £100,000 of savings. While annuities provide a guaranteed income for life, fluctuations in rates and individual circumstances can significantly impact your retirement planning.

Steps to boost your retirement savings

Although these numbers may seem overwhelming, minor adjustments and thoughtful planning can yield significant results.

Here are a few steps you can take to improve your retirement outlook:

- **Start early:** Time is your greatest asset. Regular contributions made earlier in your career allow savings to grow due to compounding interest.
- **Maximise employer contributions:** Take full advantage of workplace pension schemes and match your employer's contributions whenever possible.
- **Consider investments:** Diversifying your portfolio into stocks and shares ISAs or other investments may provide higher returns than a traditional pension plan, although it carries higher risks.
- **Delay retirement:** Working a few extra years can give your savings longer to grow and reduce the number of retirement years your funds need to cover.
- **Review your spending:** Budget carefully during your working years to prioritise retirement savings.

Seeking professional advice from us will also help you identify the right approach to suit your individual circumstances and goals.

What's your retirement strategy?

Your retirement should be a time to enjoy financial freedom, pursue your passions and live the life you've always envisioned. However, achieving this requires careful planning and preparation. The sooner you begin taking action, the better your chances of building the secure nest egg you need to turn your dreams into reality.

Early planning allows you to fully capitalise on growth over time and confidently manage any uncertainties that may arise. Don't leave your comfort and financial independence in retirement to chance. By starting today, you're investing in the future you deserve. ■

Source data:

[1] Data from the Pension and Lifetime Savings Association (PLSA) 04/06/25 https://www.plsa.co.uk/news/article/latest-retirement-living-standards-show-costs-for-minimum-retiree-needs-have-fallen-while-moderate-and-comfortable-standards-see-modest-rises

Thinking of retiring overseas?

Understanding the impact of a frozen State Pension on your retirement income

Retiring abroad may appear to be a dream come true, but for some British pensioners, it could carry a hidden financial cost. If you move to certain countries outside the UK after retirement, your State Pension could be 'frozen'. This means you will not receive the usual annual increases granted under the triple lock system.

The triple lock was introduced in 2010 to ensure that the State Pension keeps pace with the cost of living by increasing it each year by the highest of three measures: 2.5%, inflation or average earnings growth. However, British expatriates in countries without a reciprocal social security agreement with the UK effectively have their pensions fixed at the rate at which they were initially paid.

Cost of expat retirement

The financial impact of a frozen pension can be significant. For a retiree whose pension was frozen 15 years ago, the loss amounts to nearly £26,000. Over a 20-year retirement, that figure could rise to an eye-watering £70,000. These figures highlight the gap between pensioners who remain in the UK and those living abroad in countries where pensions are frozen.

To provide context, a UK retiree who moved overseas before 2011, when the triple lock came into effect, misses out on annual increases that could have significantly boosted their income. Over time, the financial gap widens as inflation and living costs rise, while a frozen pension remains stagnant. For example, according to recent analysis, those who moved abroad just five years ago are already £7,391 worse off, experiencing a real terms reduction[1].

Where are pensions frozen?

Whether your State Pension is frozen depends on your choice of retirement location. Fortunately, if you relocate to a country within the European Economic Area (EEA), Switzerland, Gibraltar or a nation with a reciprocal social security agreement with the UK, your pension will continue to increase annually under the triple lock.

However, this is not the case for popular expat destinations such as Canada, Australia or New Zealand. For retirees in these countries, pensions remain frozen at the rate they were when payments commenced. This is an important consideration for those considering sunnier shores and a lower cost of living, but who may later feel the pinch of a stagnant income.

Long-term financial implications

Being locked out of the triple lock uprating is not solely about missed income; it concerns long-term financial security. Over the decades, inflation diminishes the value of a static pension, leaving retirees struggling to keep up with basic living costs. Paying for utilities, medical expenses and everyday items becomes increasingly challenging.

For instance, the analysis highlights that a pensioner who first began receiving their basic pension in 2000 would still be getting £67.50 per week if they relocated to a country without an indexation agreement, compared to the £156.20 per week currently offered under the new State Pension system to those in the UK today.

Your retirement plan matters

Planning for retirement abroad involves more than simply selecting a location. It is essential to grasp the financial implications, including the restrictions imposed by the UK's frozen pension policy. Whether you are contemplating relocation to Australia, Canada or even further afield, you should balance the potential losses against the lifestyle advantages of moving.

Decisions like these highlight the significance of seeking professional financial advice on managing retirement funds, State Pension entitlements and private savings. With proper planning, you can avoid potential pitfalls and ensure your retirement income aligns with your desired lifestyle.

How can I get advice on my retirement plans?

Don't jeopardise your financial future by neglecting the impact of frozen pensions. Understanding your entitlements and planning accordingly can make a significant difference when retiring abroad.

We will provide guidance tailored to your unique circumstances, whether you want personalised advice or to discover more about managing your pension and retirement savings. ■

Source data:

[1] Interactive Investor 04/06/25 – This estimate assumes full State Pension payments are uprated by 3.7% in 2025 (the Office for Budget Responsibility's inflation forecast for September 2025), and by 2.5% per year thereafter in line with the triple lock. Even over shorter time frames, the gap between UK and frozen overseas payments is significant: £37,477 over 15 years, £15,838 over ten years, £3,666 over five years and £443 over one year.

Who will inherit your pension?

Understanding the importance of nominating a beneficiary

A new study reveals a startling insight. As many as one in six (15%) individuals with a partner are unclear about who will receive their pension savings if they pass away before accessing them[1]. Even more concerning, this figure rises to nearly one in five (18%) among the Silent Generation (aged 79 and older). Such statistics highlight the urgent need for improved awareness and planning regarding pension inheritance.

Equally concerning is the 3% of respondents who believe their current pension beneficiary may still be an ex-partner. While the majority (65%) of individuals name their spouse or partner as their beneficiary, others have chosen family members (20%), charities (4%) or friends (3%).

However, a significant portion remain uncertain about who will inherit their pension. This lack of clarity can lead to legal complications and emotional distress for loved ones when the time comes to distribute these assets.

Impact of relationship status and age on pension nominations

Relationship status plays a pivotal role in pension nomination trends. Alarmingly, one in four (25%) individuals living with a partner but not married or in a registered civil partnership are uncertain about their pension beneficiaries. This may be due to their partner not being officially recognised as their next of kin, which leaves their pension distribution vulnerable to unintended outcomes.

Age is another key factor influencing awareness regarding pension beneficiaries. Among younger adults aged 16 to 24, nearly a third (30%) claim not to know who will inherit their pension. This could be attributed to workplace pension auto-enrolment schemes, where younger individuals often give little thought to long-term financial planning.

Regardless of age or marital status, the inconsistency across demographic groups underscores the importance of regularly reviewing and updating pension beneficiary details.

Why it matters to keep your pension nominee updated

Your pension pot is a significant financial asset, comparable to your savings or other valuable possessions. Keeping its inheritance aligned with your wishes is crucial for providing financial security to your loved ones and avoiding unnecessary complications. When life events like marriage, divorce or job changes occur, it's easy to lose track of previous nominations. This can lead to outdated beneficiaries who may no longer reflect your wishes.

It is essential to understand that, while pension providers are not legally bound by your stated nomination, they do take it into account when determining the distribution of a pension. Regularly updating your nomination can help ensure that your wishes are honoured.

How to verify and update your pension beneficiary details

One of the simplest ways to protect your retirement savings is by keeping your pension beneficiary information up to date. Most pension providers offer online methods to review and amend these details, making the process quick and straightforward. Whether online or through a paper form, it typically takes just a few minutes to confirm or update your nominee information.

A small effort now can prevent emotional distress for your loved ones in the future. Just as you would review your Will or other financial plans, regularly checking your pension nominations is essential. This not only strengthens your long-term legacy but also offers peace of mind.

Take the time to review your pension nominations

Ensuring that your pension is distributed according to your wishes is far too important to overlook. Don't leave such a crucial aspect of your financial planning to chance. Take the time to review your pension nominations, particularly after significant life events, and discuss any uncertainties with us.

If you are uncertain about your pension nominations or require guidance, we are here to assist. By taking action now, you can ensure clarity, security and peace of mind for yourself and your loved ones. ■

Source data:

[1] The research was conducted by Censuswide among a sample of 2,000 general consumers who have a partner, whether married, in a relationship, or a civil partnership. The data was collected between 07/02/25 and 10/02/25. Censuswide abides by and employs members of the Market Research Society, following the MRS code of conduct and ESOMAR principles. Additionally, Censuswide is a member of the British Polling Council.

Seven steps to take for a successful retirement

Your path to financial security and peace of mind

Preparing for retirement is one of life's most significant milestones. It provides an opportunity to step away from work and enjoy the rewards of decades of effort, but to do so comfortably, planning is essential. While identifying what will bring you joy during your retirement years is vital, understanding the financial pathway to achieve that is equally important.

Navigating towards retirement might seem daunting but by focusing on the following seven key steps, you can set yourself up for a financially secure and fulfilling future.

1. Locate all your pensions

The first step is to make sure that you're claiming everything you're entitled to. It's easy to lose track of pensions from previous jobs or personal schemes you started years ago. Use tools like the UK government's Pension Tracing Service to find old pensions.

Keep an organised record of all your pension plans, including workplace pensions, personal pensions and any additional schemes. Knowing the total amount you've saved helps you gain a clearer picture of your retirement finances.

> Pension freedoms introduced in 2015 allow savers to access their defined contribution pensions from the age of 55 (rising to 57 from April 2028).

2. Understand when you can access your pension

Pension freedoms introduced in 2015 allow savers to access their defined contribution pensions from the age of 55 (rising to 57 from April 2028). This flexibility means you can choose how and when to withdraw funds, depending on your needs.

However, accessing your pension early could affect the longevity of your savings if not managed properly. Take time to calculate how long your funds will need to last, considering factors such as life expectancy and anticipated costs.

3. Monitor your pension value

Staying on top of your pension's value is essential. Request and review your annual pension statements to understand how much you've accumulated so far. Keeping track of your progress allows you to identify gaps and adjust your contributions if necessary.

This insight can help you better plan for big-ticket items, such as holidays or healthcare costs, during retirement. It's also a chance to assess whether your pension is growing at a rate that aligns with your retirement goals.

4. Get a State Pension forecast

Your State Pension forms a crucial part of your retirement income, so it's important to know how much you're likely to receive. Obtain a forecast from HMRC to determine the size of your payout based on your National Insurance contributions.

If there are gaps in your record, you may have the option to make additional contributions to boost your entitlement. Understanding your State Pension allows you to factor it into your broader financial planning with clarity.

5. Decide how to access your pension

Retirement doesn't mean everyone accesses their funds in the same way. You have several options, including annuities, lump-sum withdrawals or pension drawdown. Each option has its advantages and disadvantages, depending on your circumstances.

For instance, opting for an annuity gives you guaranteed income for life, while drawdown allows greater flexibility to access your savings over time. Carefully evaluate what suits your lifestyle, considering whether you'll need stability or prefer flexibility in your spending.

6. Regularly review your pension investments

Markets fluctuate, and so do life circumstances. That's why it's important to regularly review your pension investments. Ensure they align with your goals as you approach retirement and make adjustments as needed.

This includes looking into the charges you're paying. Older pension schemes, in particular, might come with high fees that could be eating into your retirement savings. It's worth exploring whether consolidating your pensions into a more cost-effective scheme could improve your returns.

It's important to note that the potential for safeguarded benefits is higher with these types of plans and should be considered prior to consolidation, as these may be lost as a result.

7. Seek professional financial advice

Retirement planning can be complex and making uninformed decisions could have long-term consequences. By consulting with us, you can receive tailored advice that matches your individual needs and aspirations.

Ultimately, we can assist you in minimising tax implications, creating a comprehensive strategy for your retirement years, and aiming to help you maximise your income. We'll also guide you through balancing risk and returns to ensure your investments work in your favour.

Build the retirement you deserve

Retirement marks the start of a new and exciting chapter. By taking steps now to organise and optimise your finances, you can reduce stress later and focus on the things that truly matter. Whether it's travelling the world, spending more time with family or pursuing your passions, proper planning ensures your retirement is enjoyable and worry-free.

Planning for retirement doesn't have to be overwhelming. We're here to help. Whether you need assistance tracing pensions, calculating your projected income or deciding on the best withdrawal strategy, our expert team can provide personalised advice tailored to your goals. Don't wait; start planning your brighter future now! ■

In summary

Your path to a secure and comfortable retirement

Retirement planning can seem daunting at the outset, but with the right strategies and professional guidance, achieving financial security is well within reach. The path to a comfortable retirement begins with defining clear goals, creating a practical budget, diversifying your investments and making the most of your retirement benefits.

Preparing for retirement isn't a one-time task but an ongoing process that evolves with your lifestyle and economic conditions. Remember, it's never too late to get started. Even small changes today can make a big difference in building the financial stability you need for your retirement years.

Safeguarding your financial future

A successful retirement plan begins with setting achievable targets. Start by deciding what your ideal retirement looks like. Do you see yourself travelling, pursuing hobbies or simply enjoying time with loved ones? Clear goals act as a foundation for the financial plans you'll build.

Next, it's important to map out a realistic budget that accounts for both current and future needs. This budget should include essentials like household expenses, healthcare costs and any leisure activities you'd like to enjoy. A clear financial framework helps ensure you have enough to sustain your desired retirement lifestyle.

Maximise available retirement benefits

Another crucial component is diversifying your financial portfolio. Spread your investments across different asset classes, such as shares, bonds and property, to balance growth potential with risk management. A well-diversified portfolio can help reduce the risk that your savings may face during market fluctuations.

Maximising available retirement benefits is equally essential. Check your State Pension forecast to understand what you're entitled to and explore options like workplace pensions or private schemes for additional support. If you have old workplace pensions, consider consolidating them to simplify management and possibly reduce fees.

Importance of starting now

Retirement planning isn't just for those nearing the end of their working lives. The sooner you start, the more time you have to grow your savings and benefit from compound interest. However, it's never too late to take control even if you're getting a late start.

Every small step you take today contributes to greater financial stability tomorrow.

Begin by assessing your current savings plan and adjusting contributions where possible. Regular financial reviews ensure your approach adapts as circumstances change, including shifts in income, expenses or market conditions.

Make your retirement a time to celebrate

With careful planning and confident decision-making, you can turn your golden years into the best time of your life. Retirement doesn't have to be a source of anxiety. Instead, it can be a chapter filled with opportunities, whether that's exploring new destinations, starting a business venture or simply enjoying the peace of financial stability. ■

Are you ready to take the next step towards your dream retirement?

Whether your retirement vision includes globe-trotting, launching a passion project or relaxing comfortably, we're here to help. Don't wait to start securing the retirement you deserve.

Contact us today to explore tailored advice and strategies for making the most of your retirement savings. Together, we can transform your golden years into a time of fulfilment, prosperity and peace of mind. Begin planning now to make your retirement truly extraordinary!

Where do you stand in achieving your retirement goals?

We recognise that everyone's retirement needs vary, and we are here to simplify the planning process for you.

Get in touch with us today to explore how we can help.

This guide is for your general information and use only, and is not intended to address your particular requirements. The content should not be relied upon in its entirety and shall not be deemed to be, or constitute, advice. Although endeavours have been made to provide accurate and timely information, there can be no guarantee that such information is accurate as of the date it is received or that it will continue to be accurate in the future. No individual or company should act upon such information without receiving appropriate professional advice after a thorough examination of their particular situation. We cannot accept responsibility for any loss as a result of acts or omissions taken in respect of the content. Thresholds, percentage rates and tax legislation may change in subsequent Finance Acts. Levels and bases of, and reliefs from, taxation are subject to change and their value depends on the individual circumstances of the investor. The value of your investments can go down as well as up and you may get back less than you invested. All figures relate to the 2025/26 tax year, unless otherwise stated.

Published by Goldmine Media Limited, 124 City Road, London EC1V 2NX. Content copyright protected by Goldmine Media Limited 2025. Unauthorised duplication or distribution is strictly forbidden.